

Creating the Right Team for Every Patient: Interprofessional Practice and the 21st Century

Alan Dow, MD, MSHA

Seymour and Ruth Perlin Professor of Health Administration

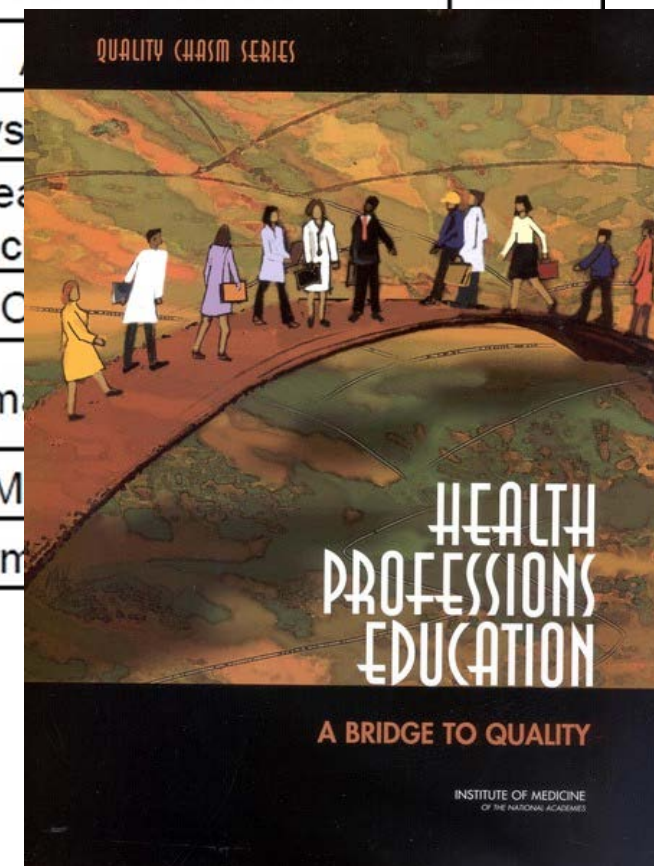
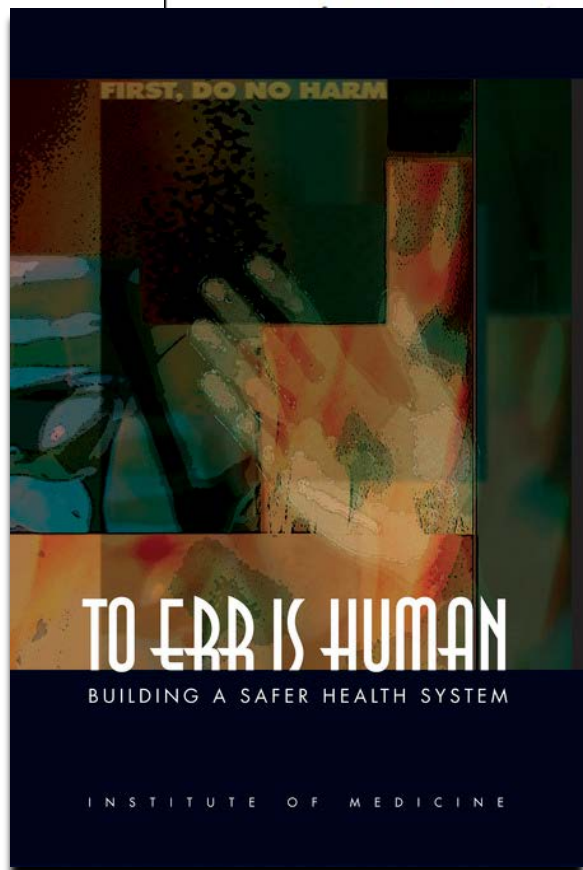
Asst VP of Health Sciences for Interprofessional Education and Collaborative Care

Virginia Commonwealth University



The First Perspective

2013 (N=887)		2014 (N=764)		2Q 2015 (N=474)	
Human Factors	635	Human Factors	547	Human Factors	464
Communication	563	Leadership	517	Leadership	382
Leadership	547	Communication	489	Communication	343
	505	Assessment	392		
ment	155	Physical Environment	115	Phys	
ent	138	Information Management	72	Hea Tec	
	103	Care Planning	72	C	
re	97	Health Information Technology-related	59	Inform	
	77	Operative Care	58	M	
	76	Continuum of Care	57	Perform	



The Second Perspective

The Dimensions of Quality

Safe

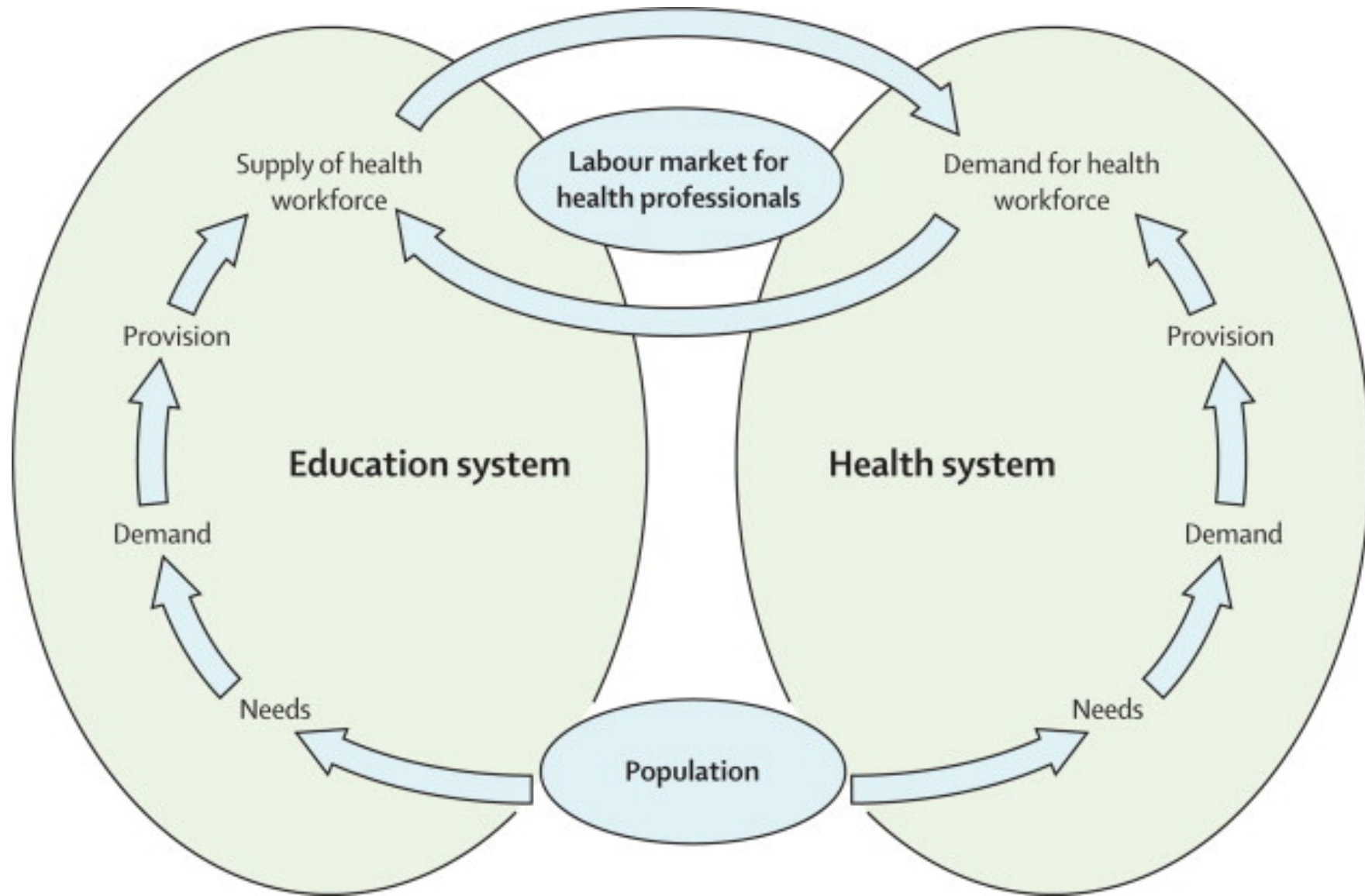
Timely

Effective

Efficient

Equitable

Patient-centered

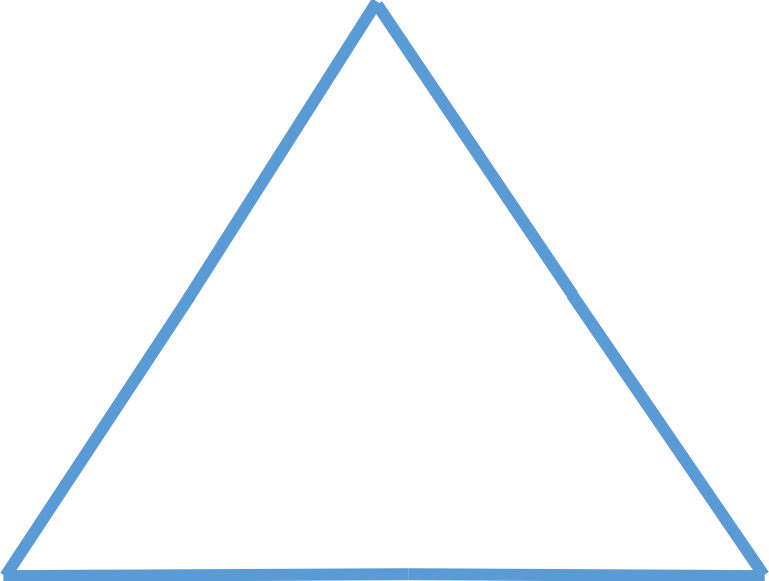


The Triple Aim

Health
outcomes

Experience
of Care

Cost

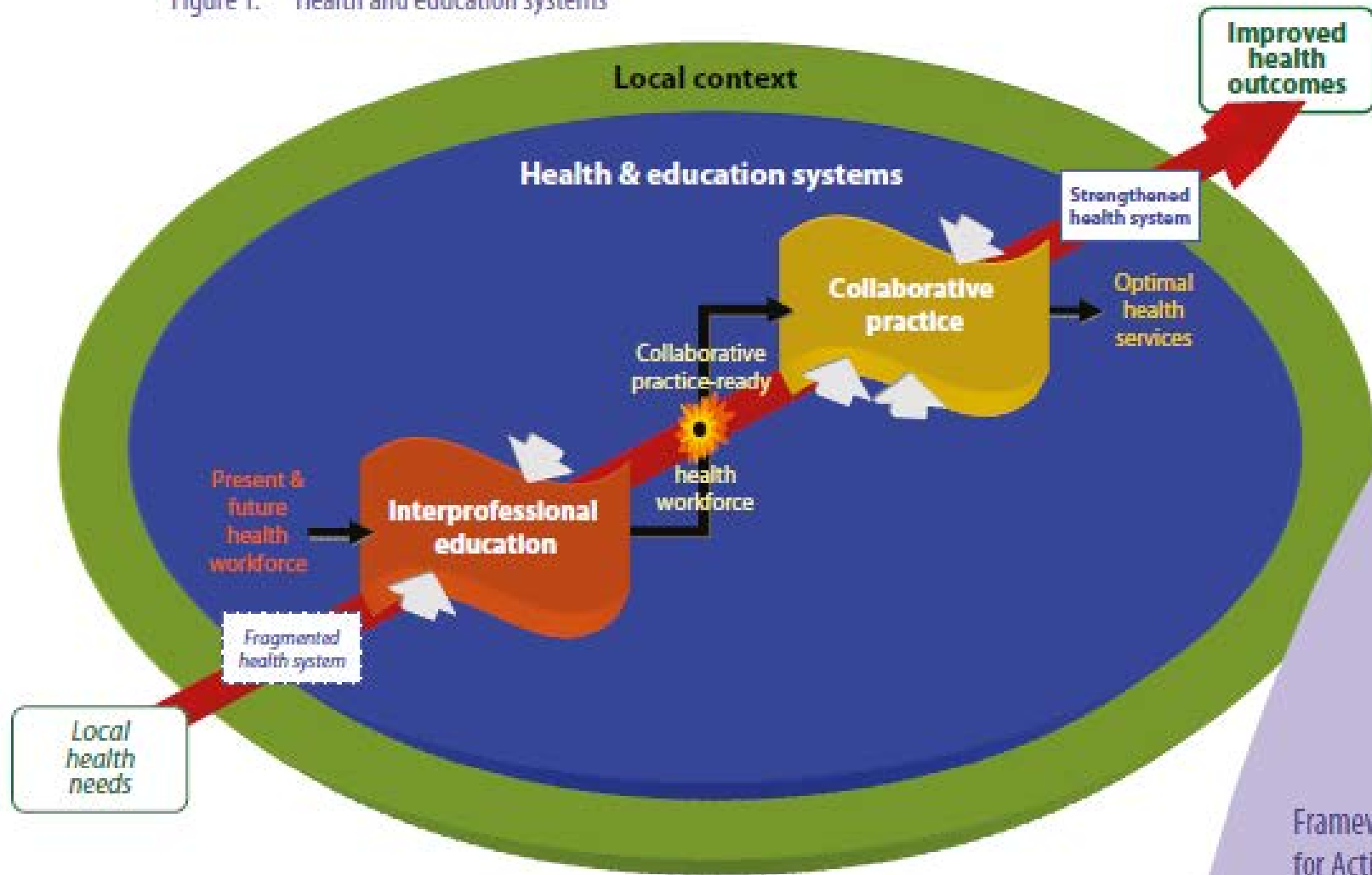


Health Professions Networks
Nursing & Midwifery
Human Resources for Health

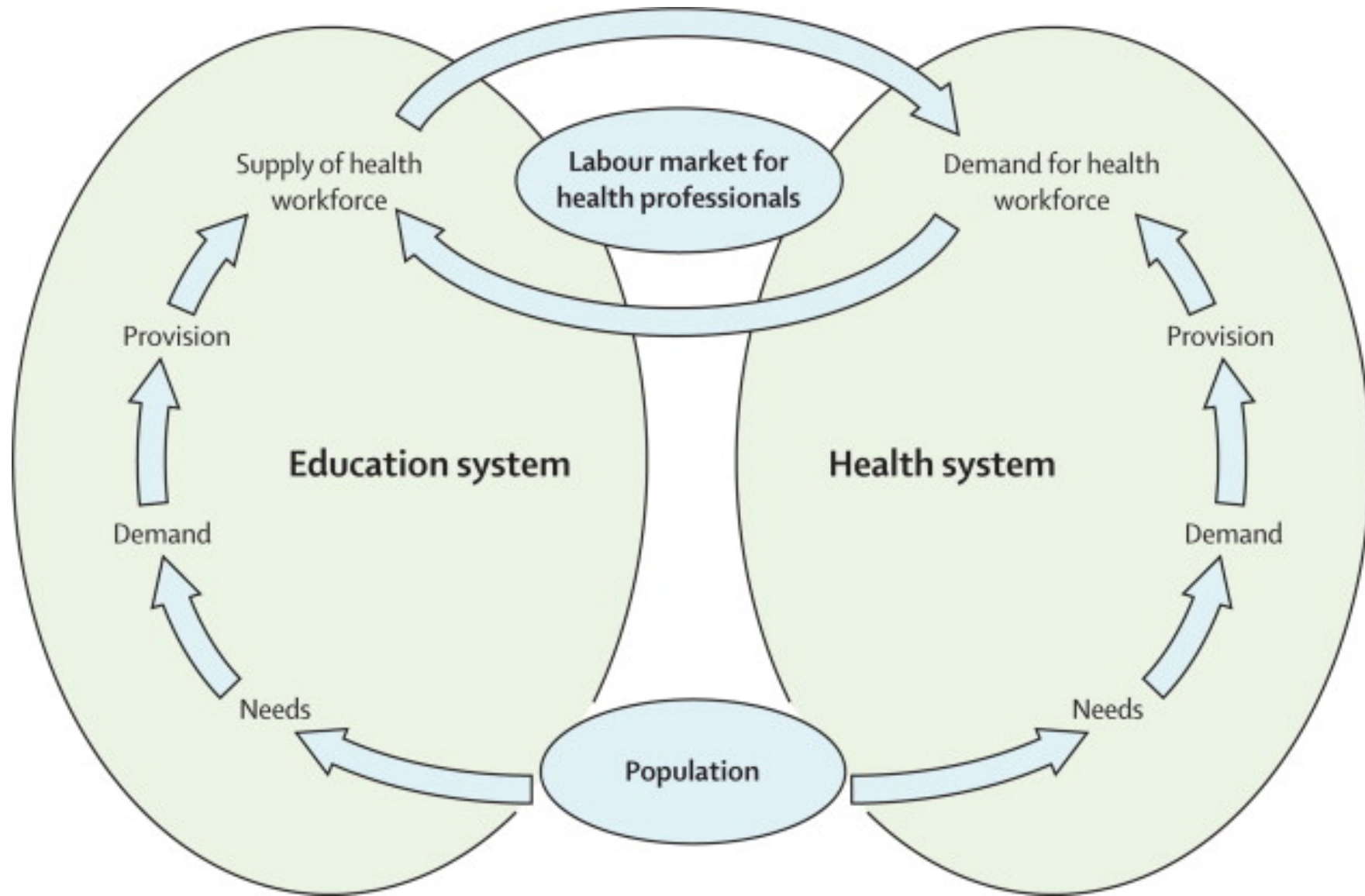
Framework for Action on
Interprofessional Education
& Collaborative Practice



Figure 1. Health and education systems



Framework
for Action on
Interprofessional
Education and
Collaborative
Practice



Population Distribution by Age

■ 1900

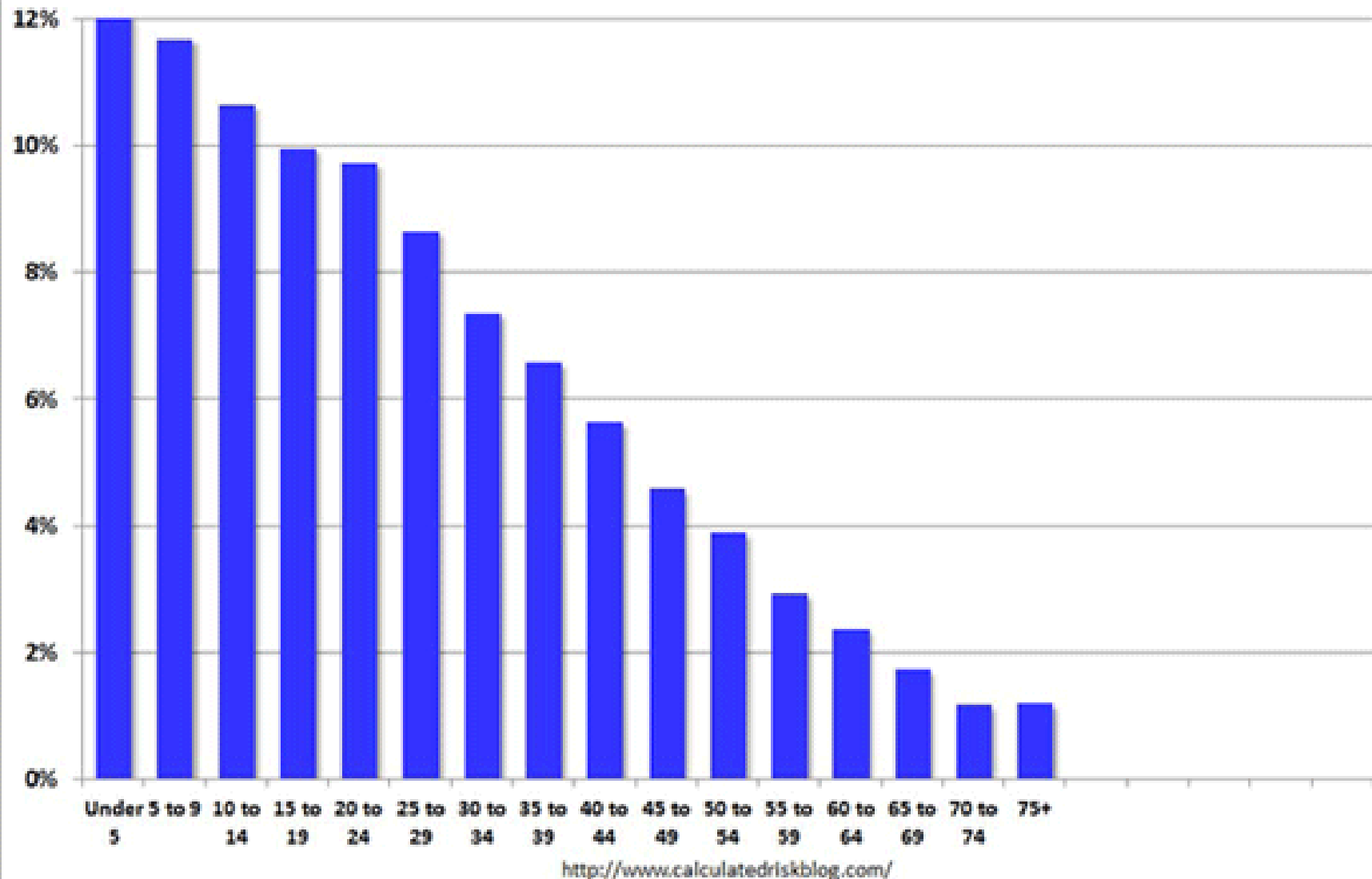
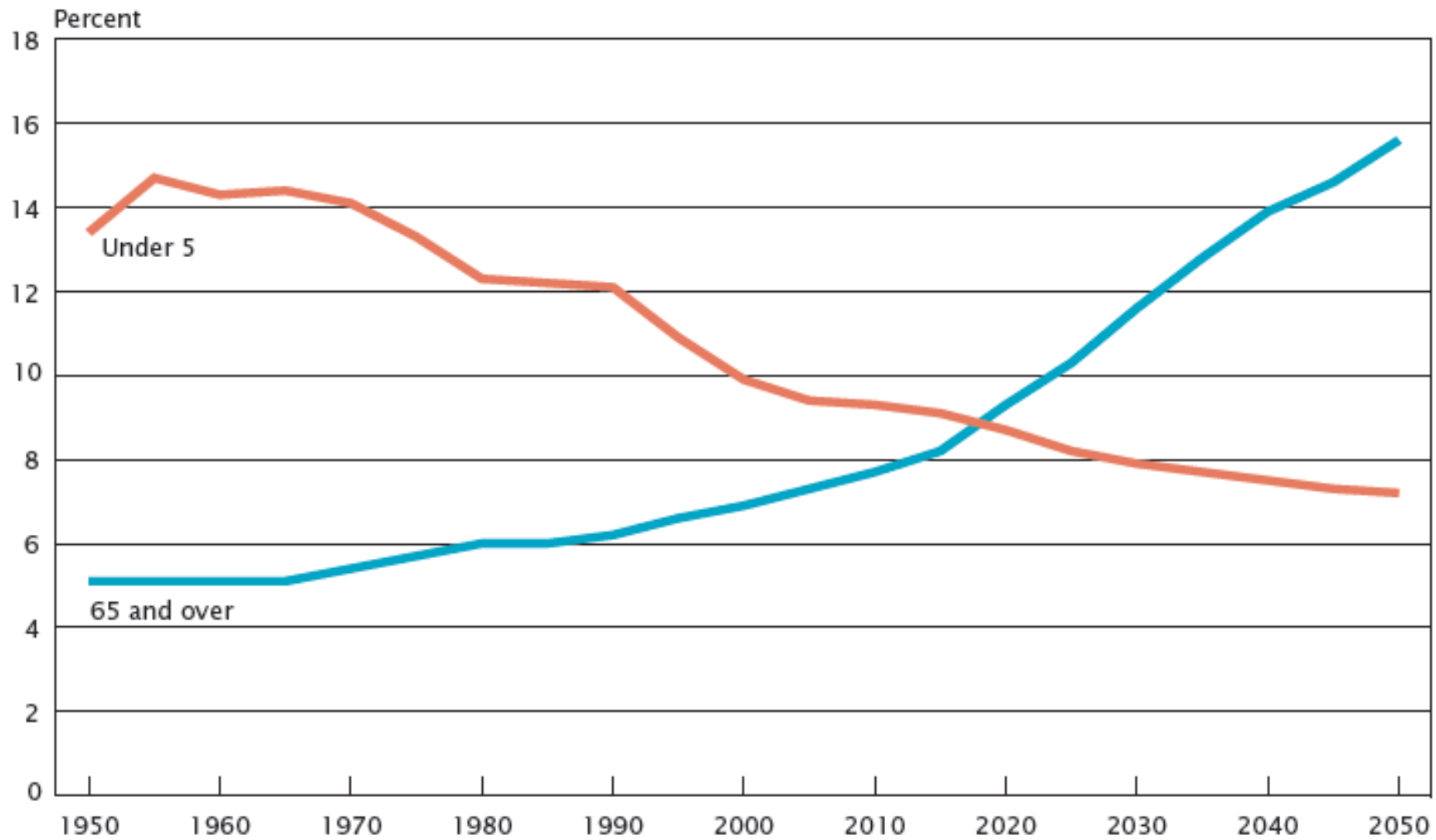
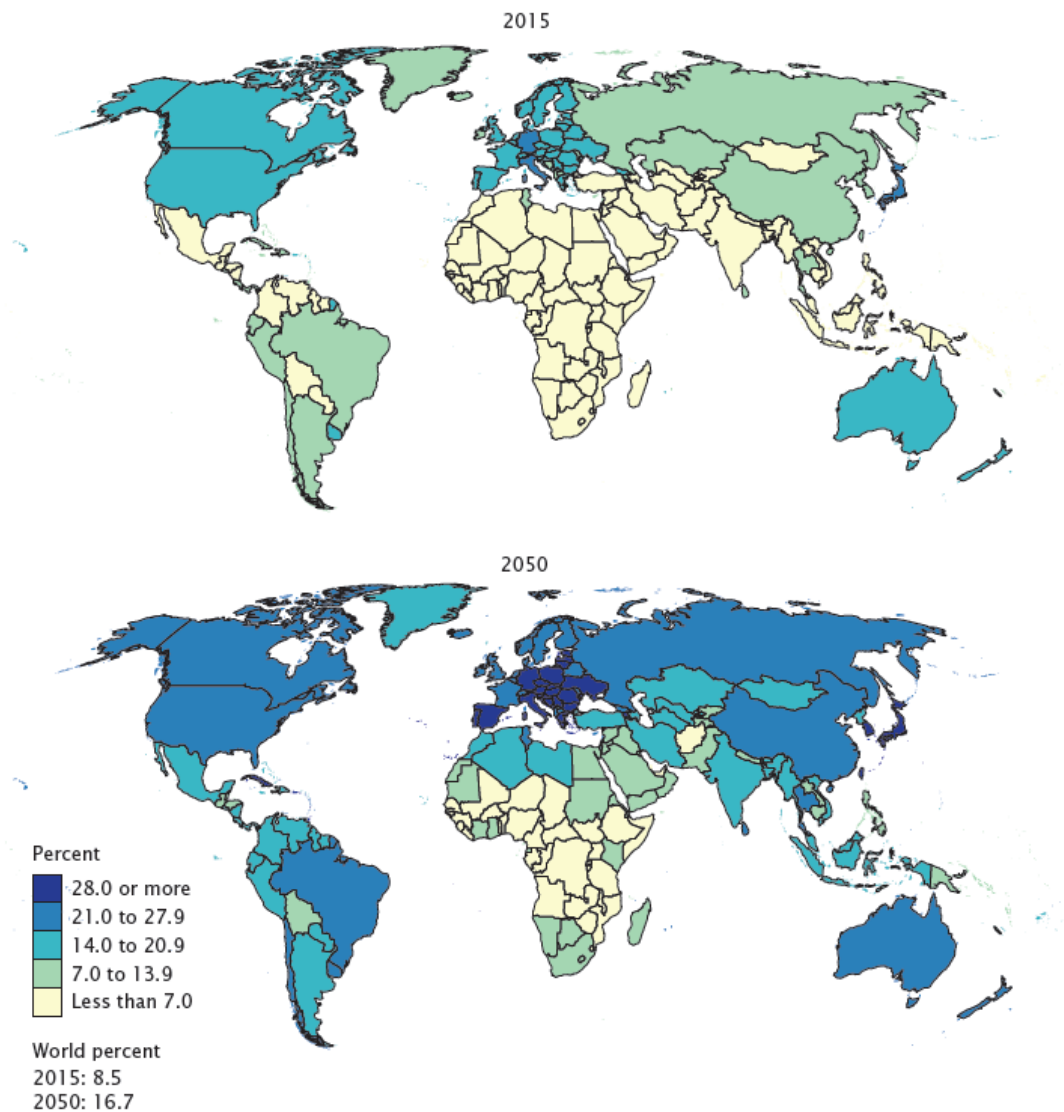


Figure 2-3.
**Young Children and Older People as a Percentage of Global Population:
1950 to 2050**



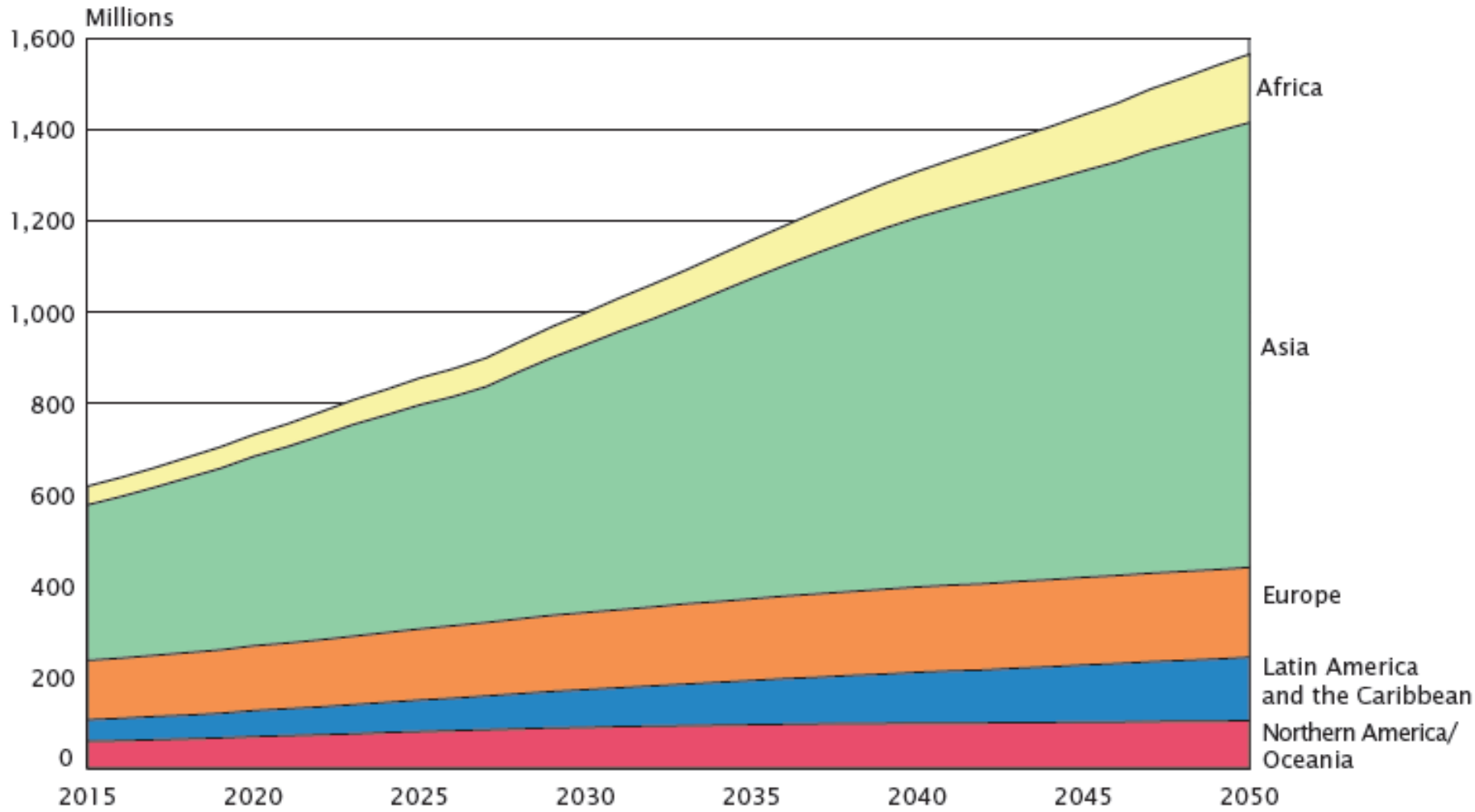
Source: United Nations, 2013.

Figure 2-1.
Percentage of Population Aged 65 and Over: 2015 and 2050



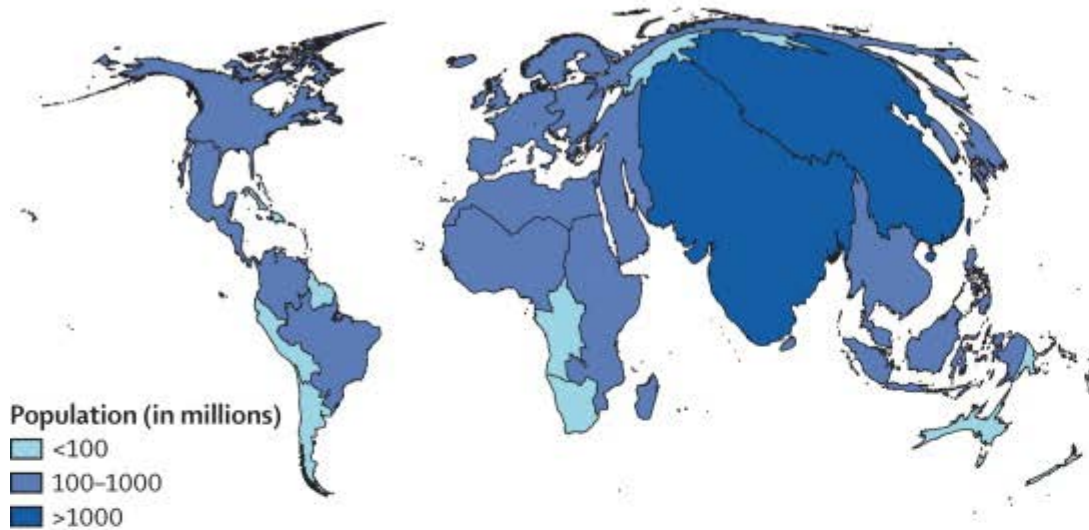
Sources: U.S. Census Bureau, 2013, 2014a, 2014b; International Data Base, U.S. population estimates, and U.S. population projections.

Figure 2-4.
Population Aged 65 and Over by Region: 2015 to 2050

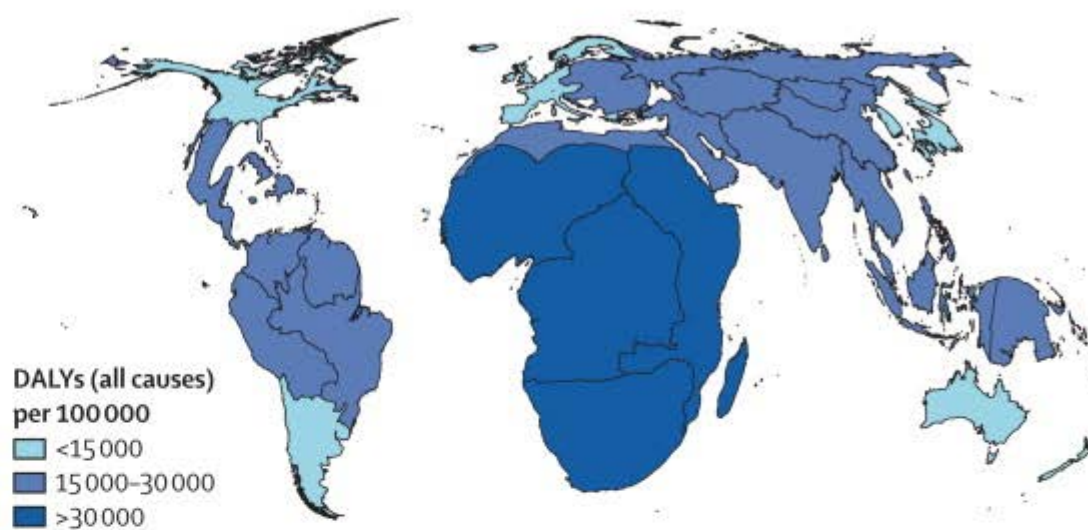


Source: U.S. Census Bureau, 2013; International Data Base.

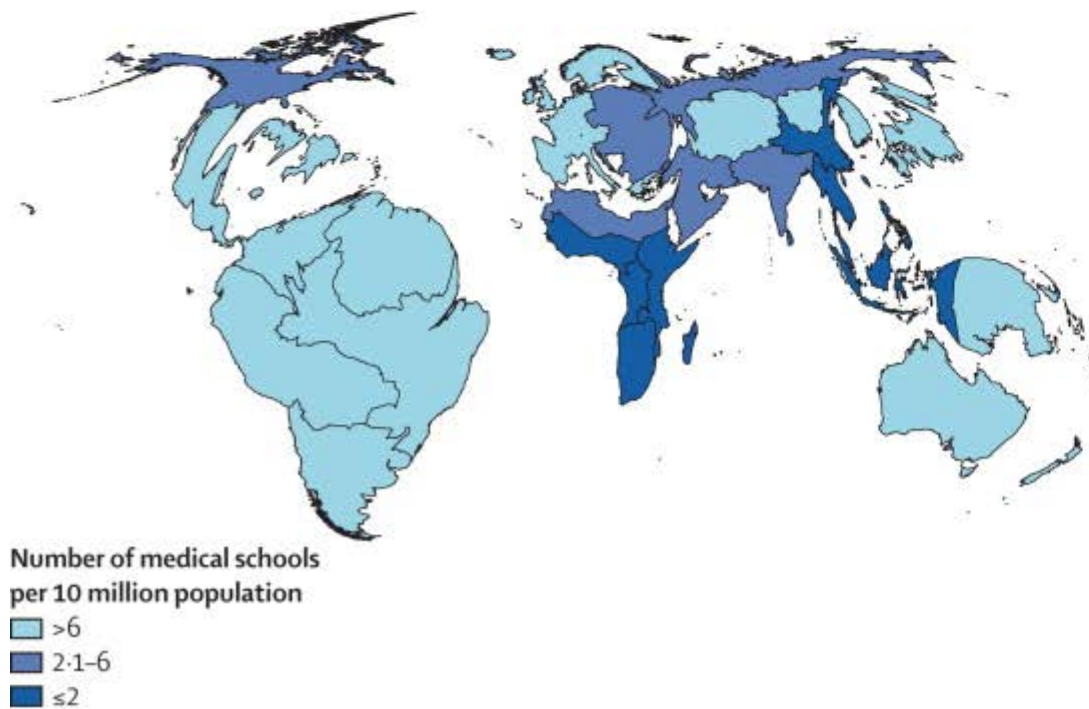
A Population



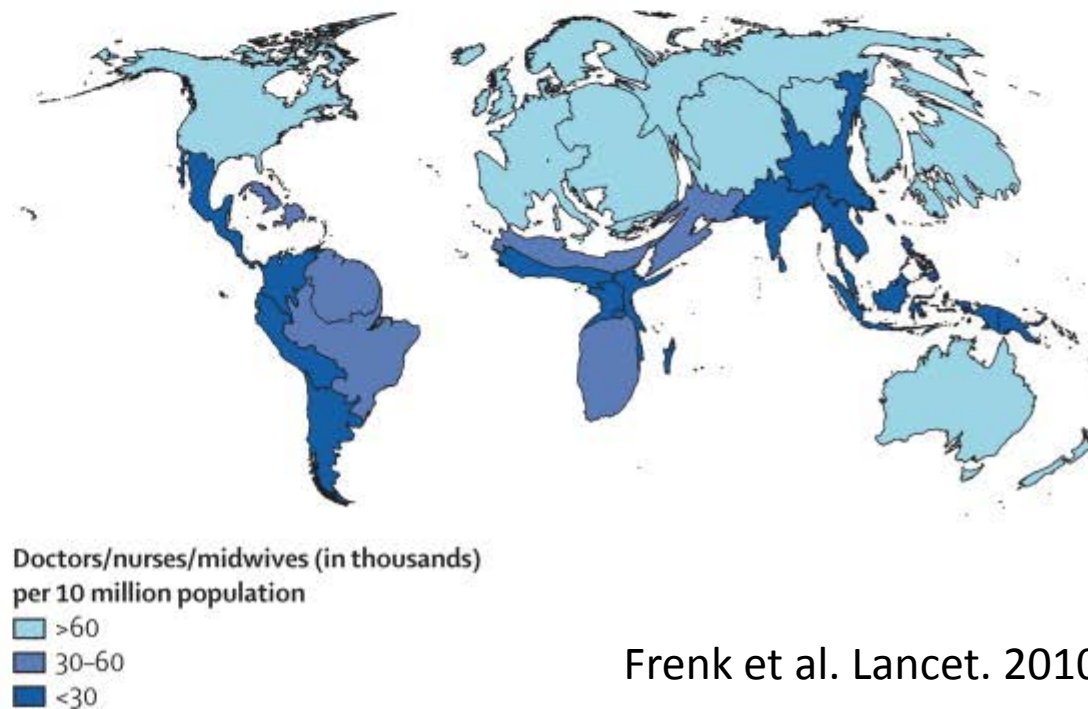
B Burden of disease

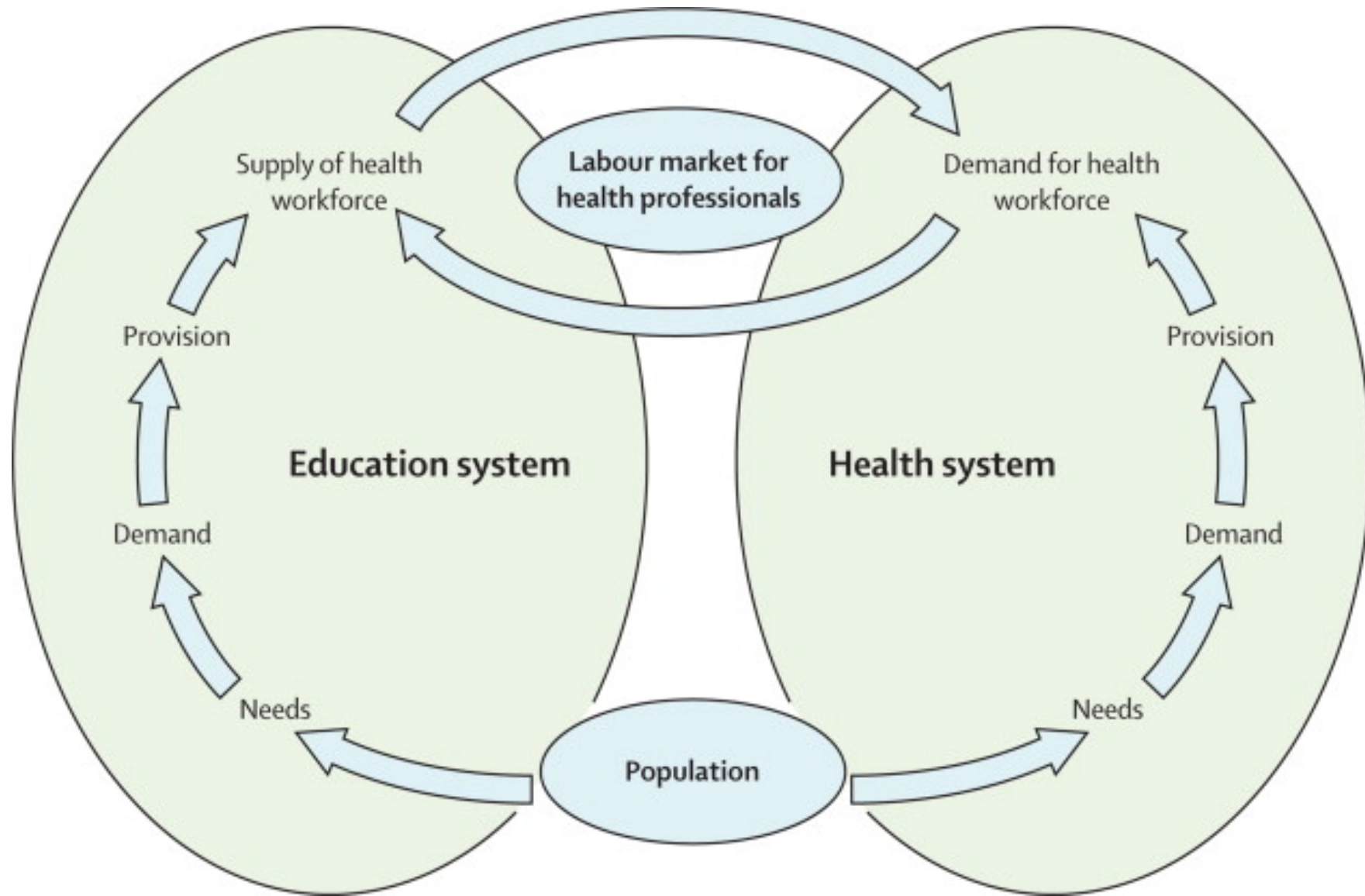


C Number of medical schools



D Workforce





The Third Perspective

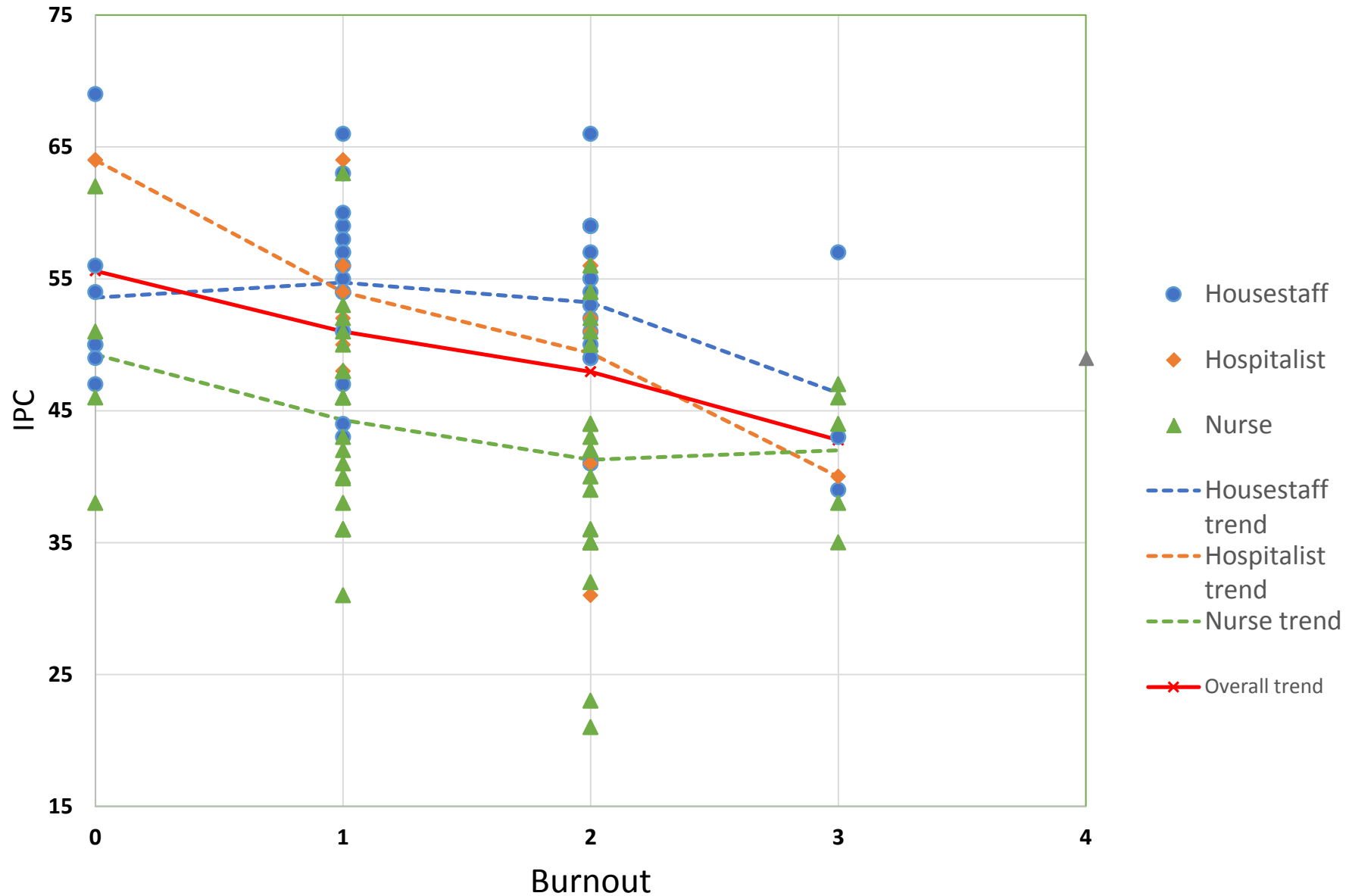
Burnout among Different Professions

	Professions, % ^b			
	Nurse	Housestaff	Hospitalist	Total
Burnout ^a (Maslach Burnout Inventory, 1981)	(n=54)	(n=47)	(n=18)	(n=119)
Level 0 - I enjoyed my work. I had no symptoms of burnout.	7.4	14.9	11.1	10.9
Level 1 - Occasionally I was under stress at work, but I did not feel burned out.	37.0	38.3	38.9	37.8
Level 2 - I had one or more symptoms of burnout such as physical or emotional exhaustion.	44.4	40.4	44.4	42.9
Level 3 - The symptoms of burnout that I was experiencing would not go away. I felt frustrated at work a lot.	9.3	6.4	5.6	7.6
Level 4 - I felt completely burned out and often wondered if I could go on.	1.9	0.0	0.0	0.8

a. There is no association between levels of burnout and professions ($X^2_{(8)}=3.4, p=0.91$)

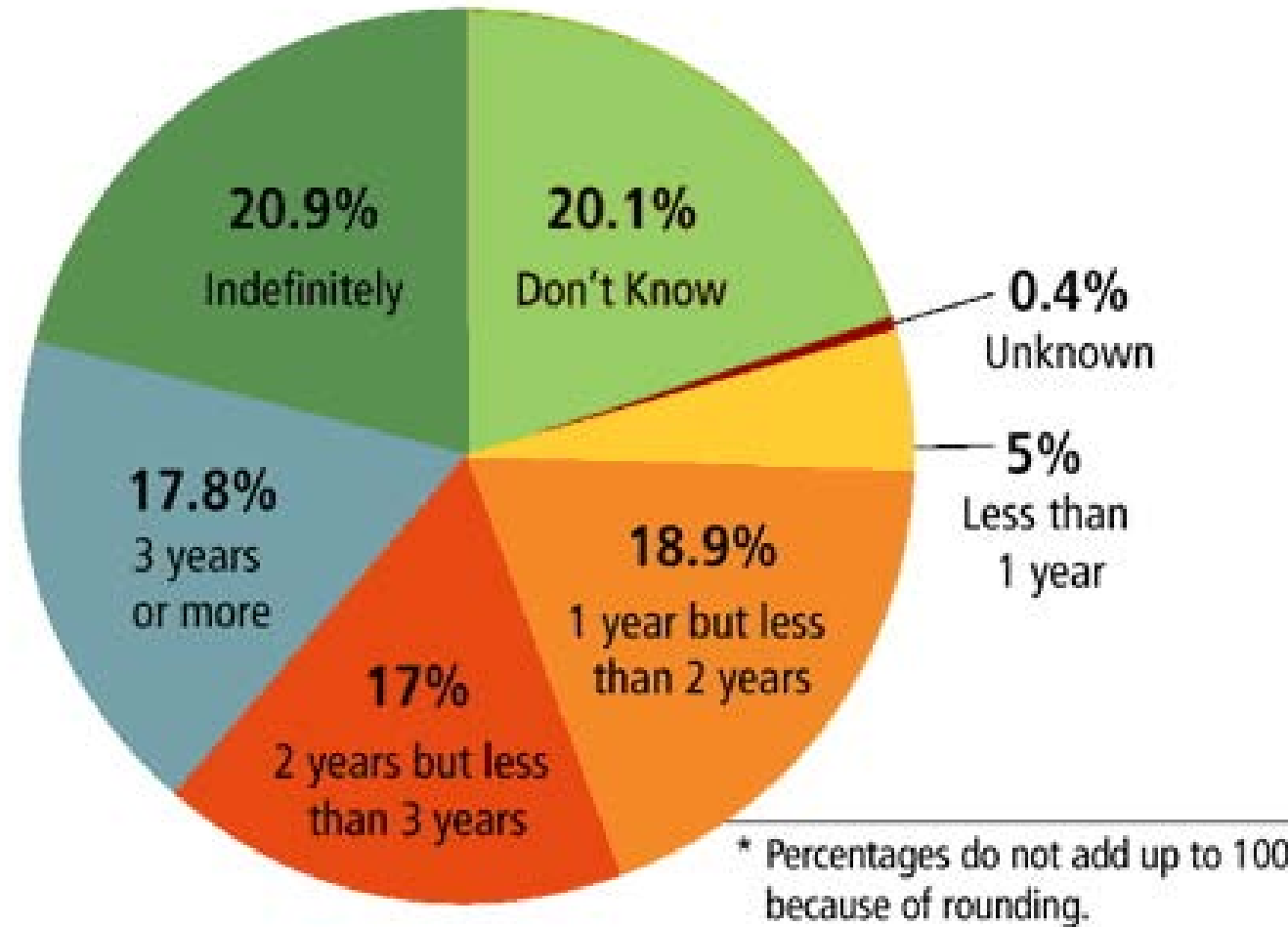
b. Data are presented as percentage of respondents within each profession. Because of rounding, not all percentages total 100.

Association Between IPC and Burnout





Intent to Stay in Job of Newly Graduated Nurses

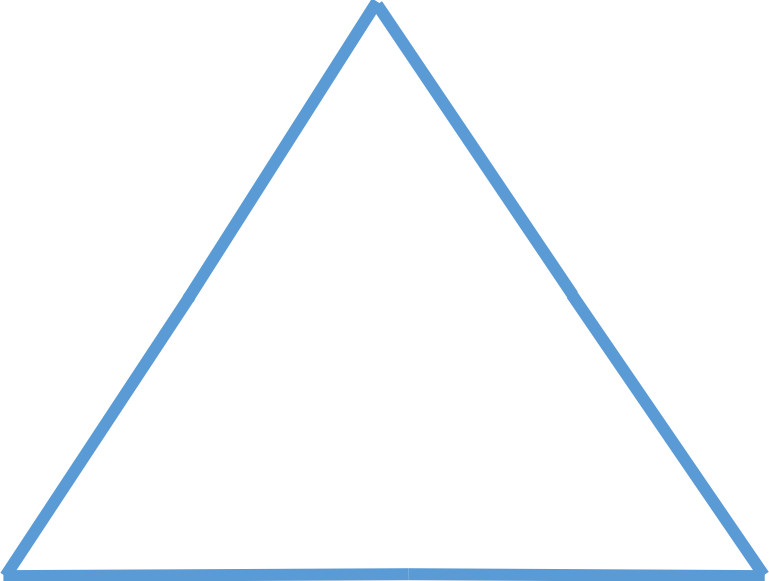


The Triple Aim

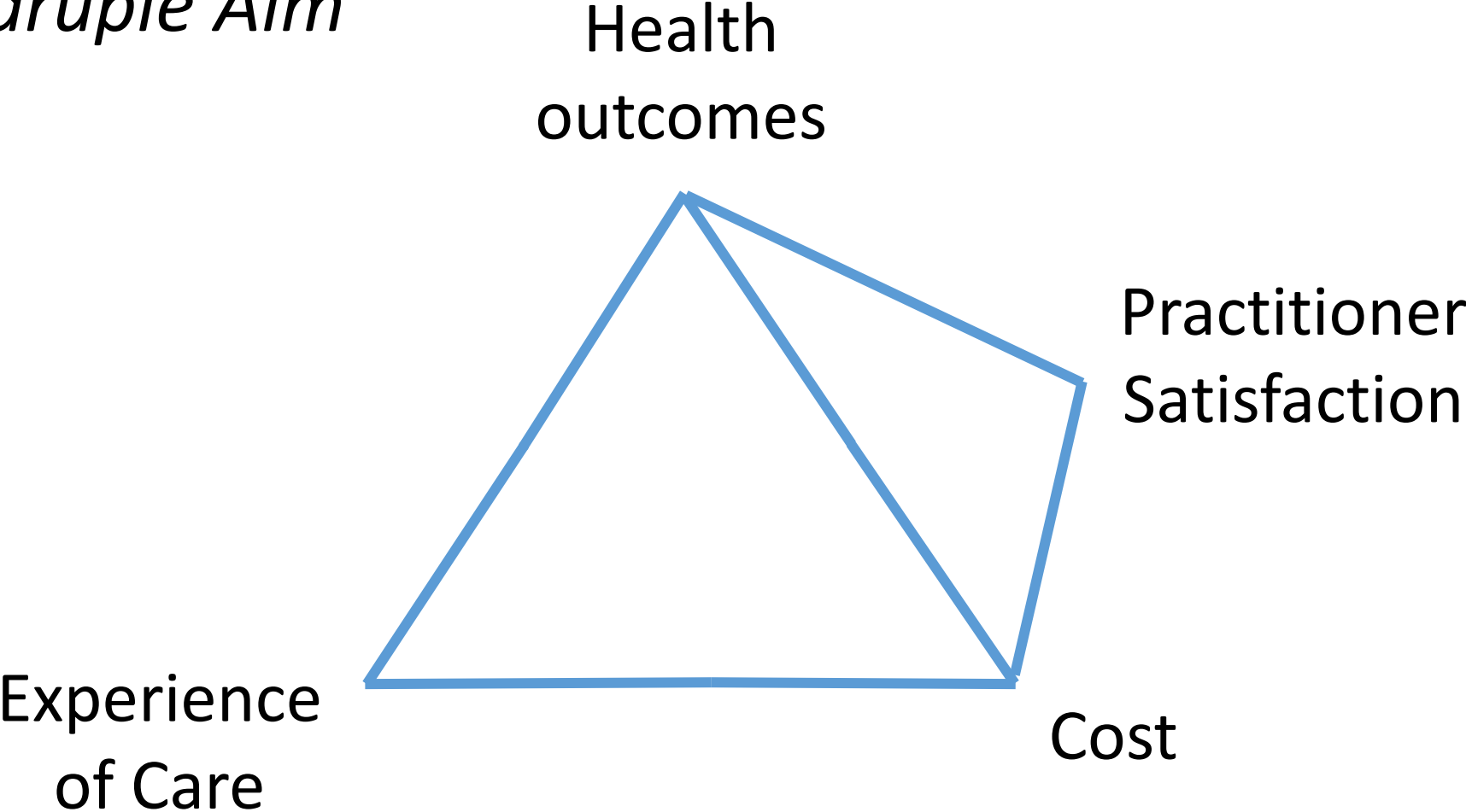
Health
outcomes

Experience
of Care

Cost



The Quadruple Aim



The Fourth Perspective

A story







VAN INFO SHEET
CALL: 866-386-8331

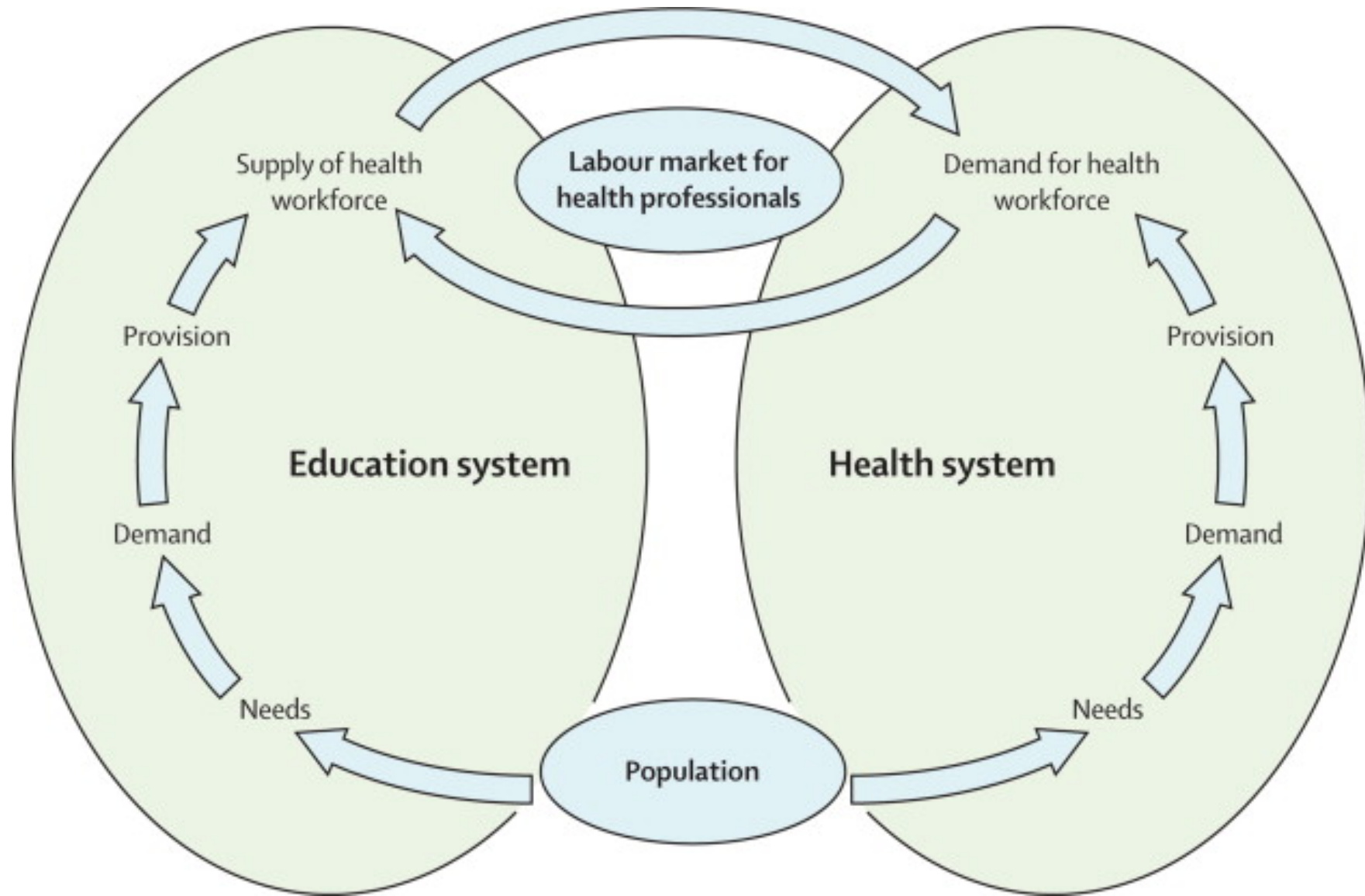
AMBULATORY CARE CENTER
417 NORTH 11TH STREET
RICHMOND, VA 23298
804-828-7000

HAYES E. WILLIS CLINIC
4730 E. SMITHSIDE PLAZA
RICHMOND, VA 23224
804-230-7777

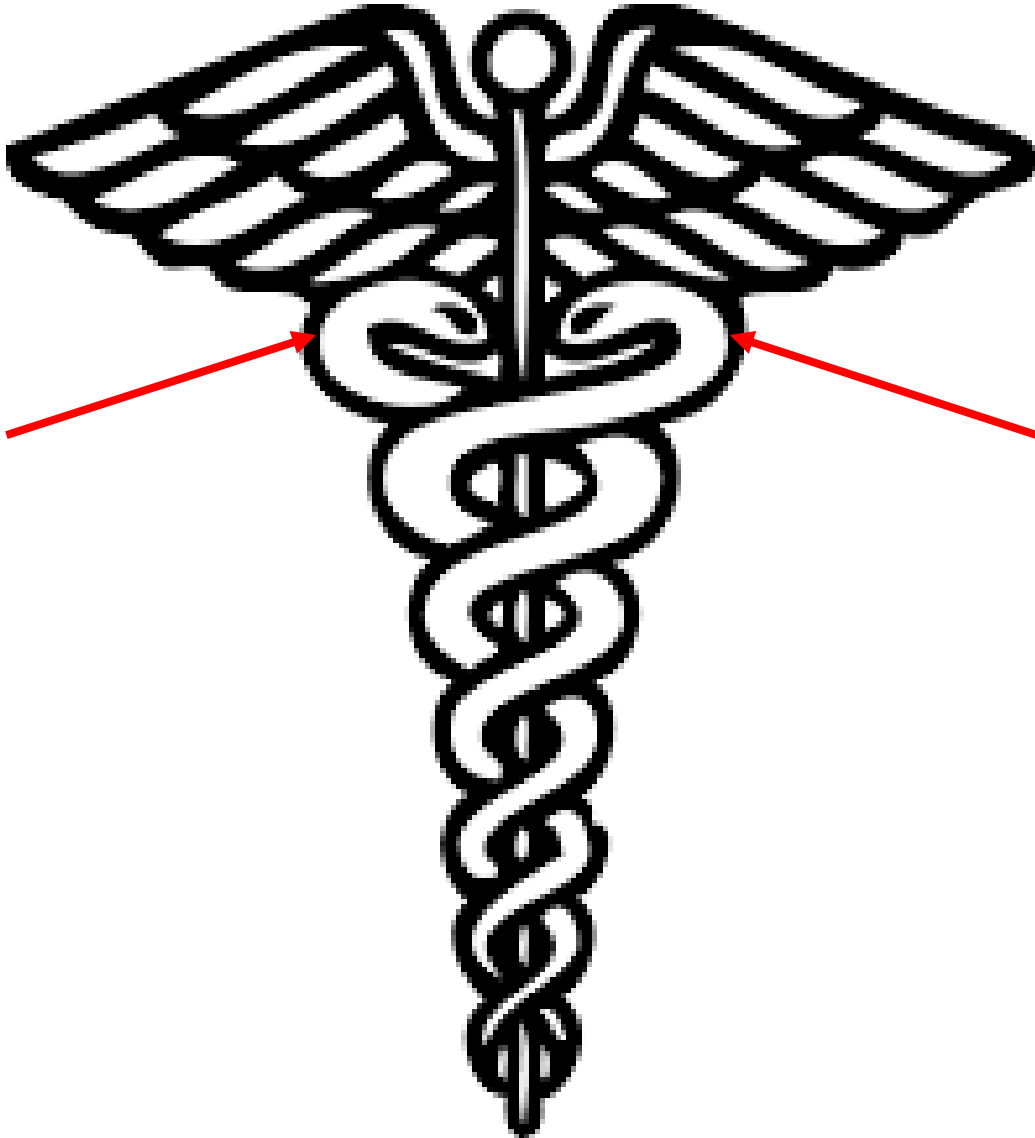
MEDICAID #: 7621055
23019

November 2015

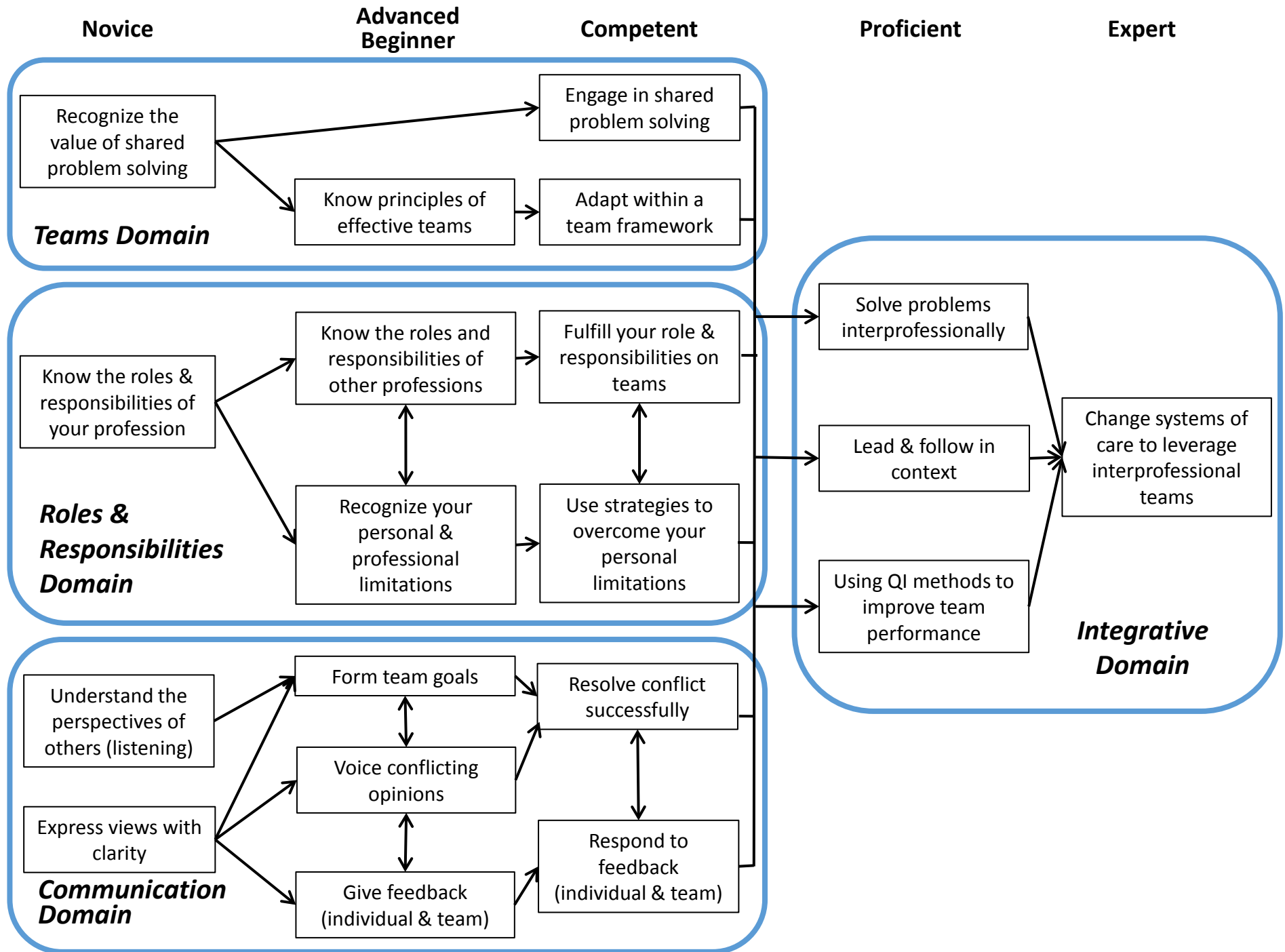
1	2	3	4	5 100am apt for eye Rite at 5-15am 9-15am	6	7
8	9	10	11 11am apt w/ Dr. Mugh Rite at 10-15am 9-15am	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5



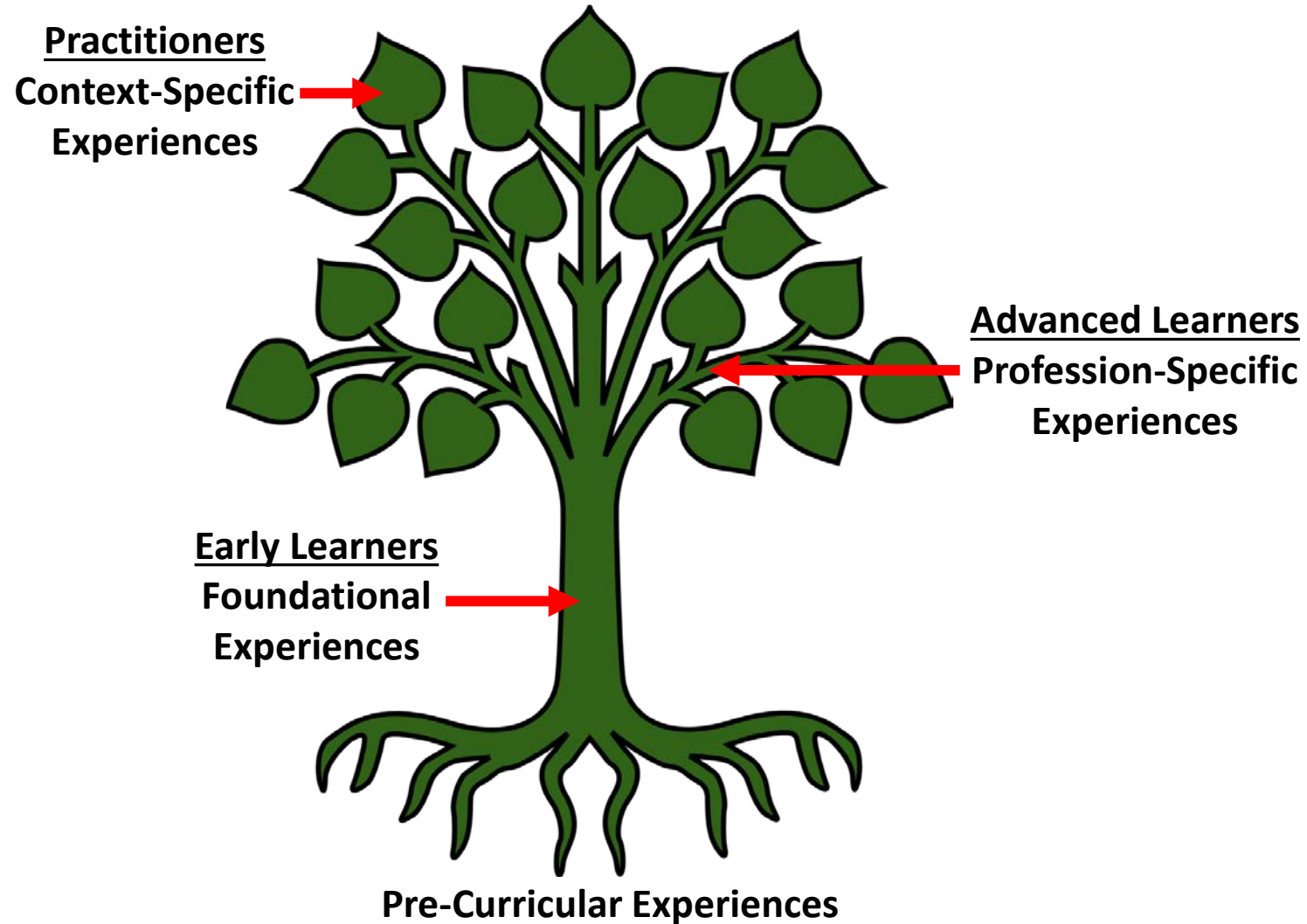
Professional
Expertise

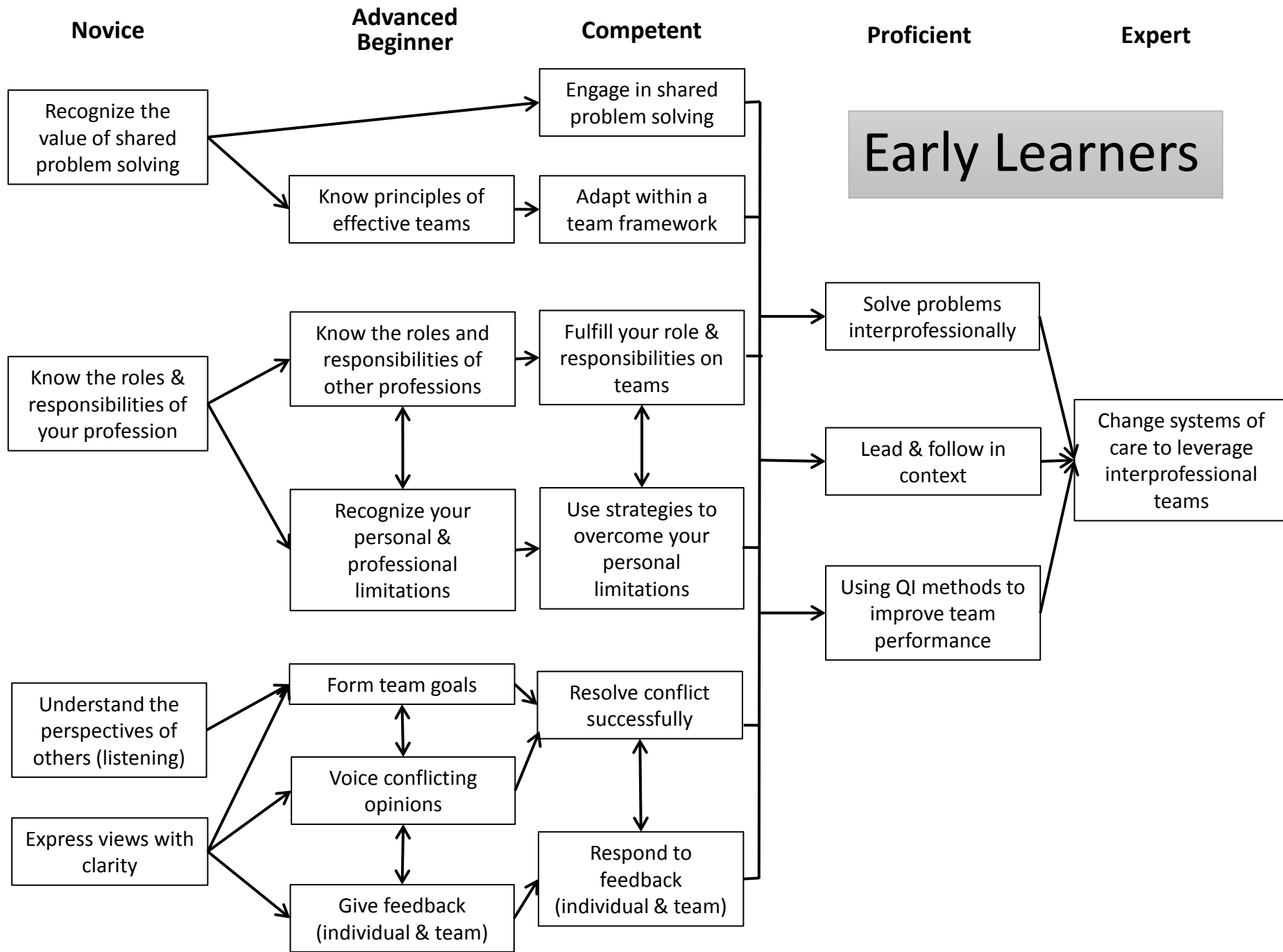


Collaborative
Expertise



Conceptual Framework





Foundational IP Experience

Interprofessional Case Series

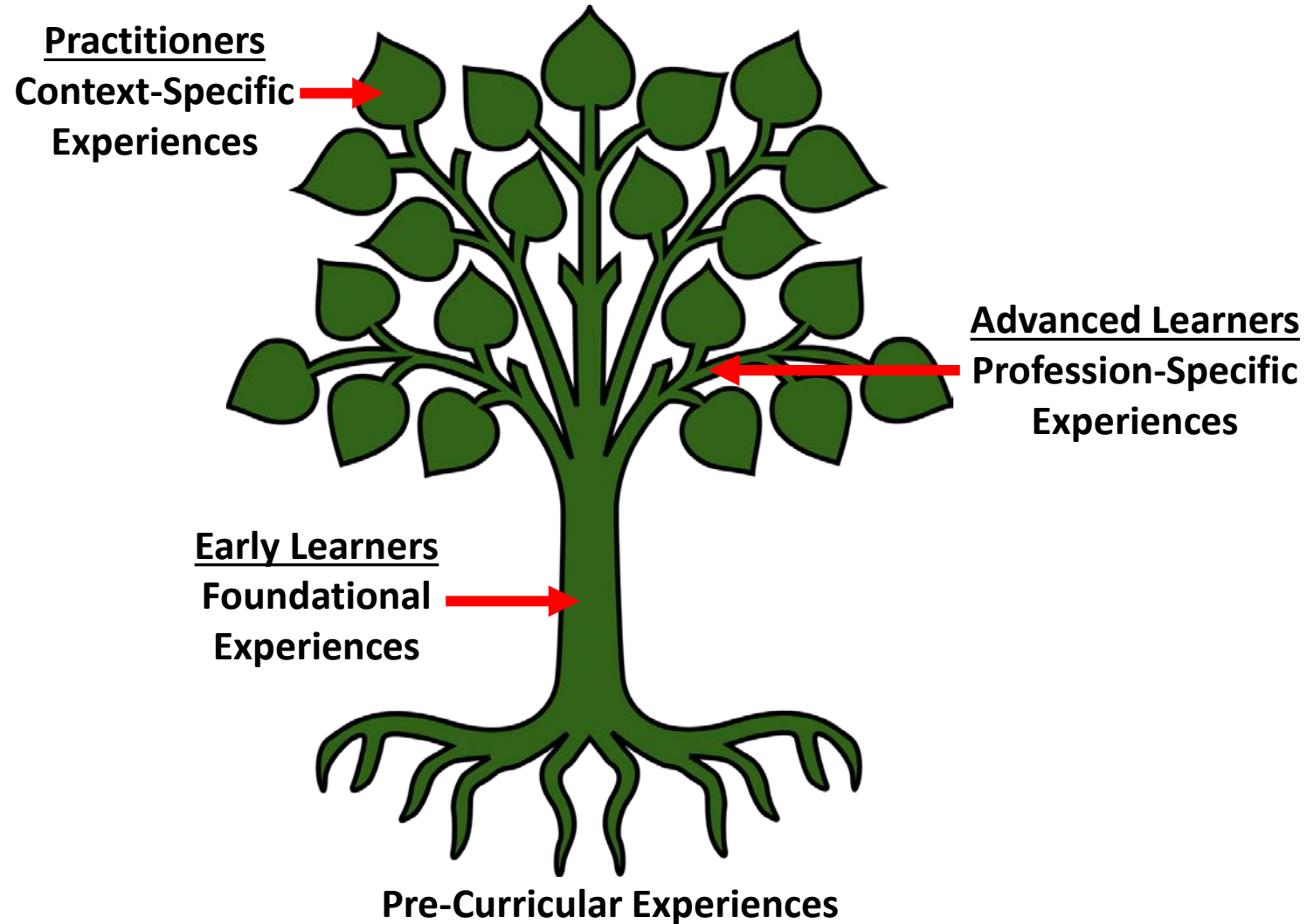
- ~550 students
- Classroom-based
- Pericurricular sessions
→ full 1-credit course

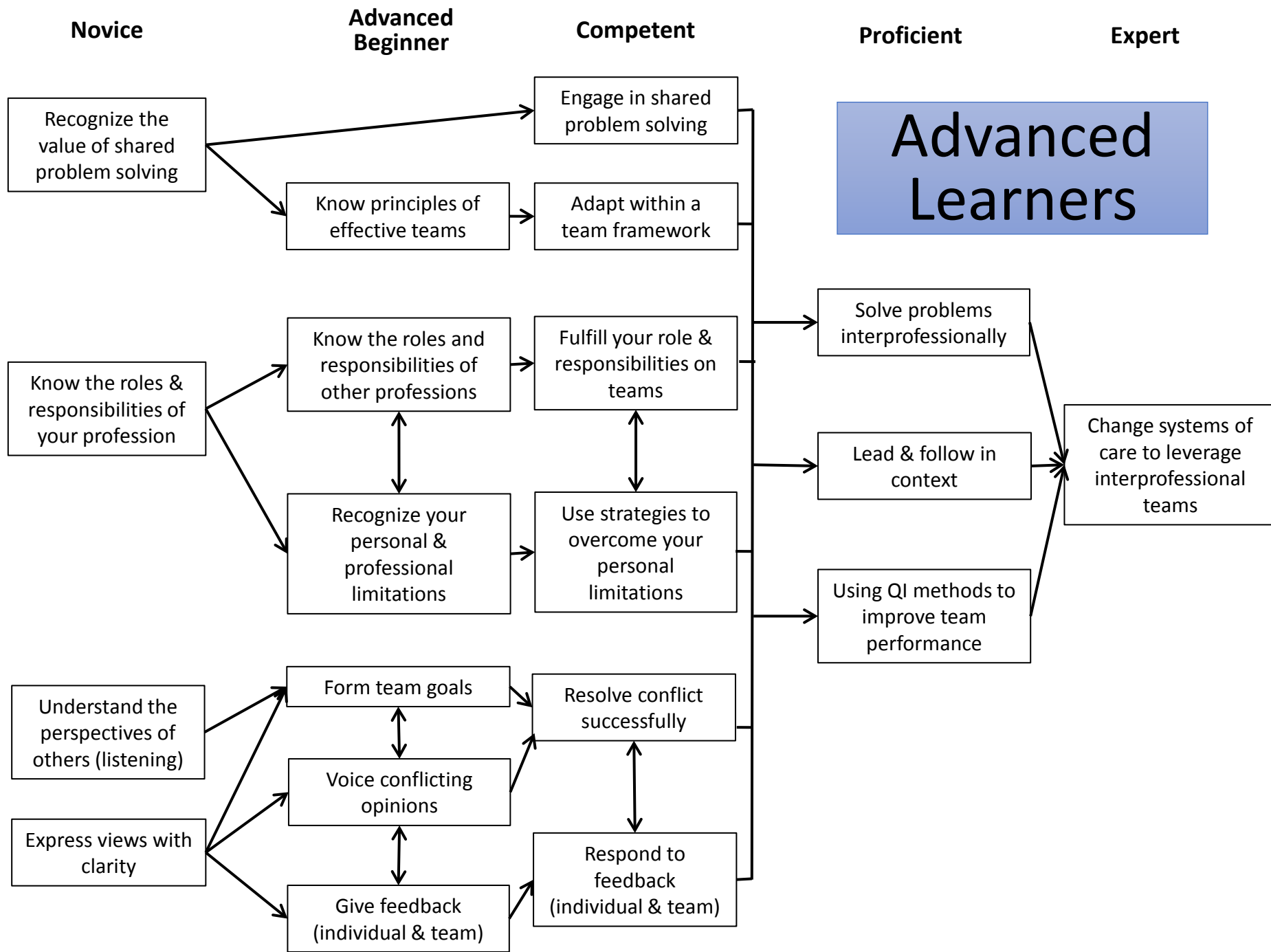
Foundations of Quality and Safety

- ~500 students
- Classroom-based
- Full 1-credit course



Conceptual Framework





Profession-Specific Experiences: Simulations



Interprofessional Critical Care Simulations

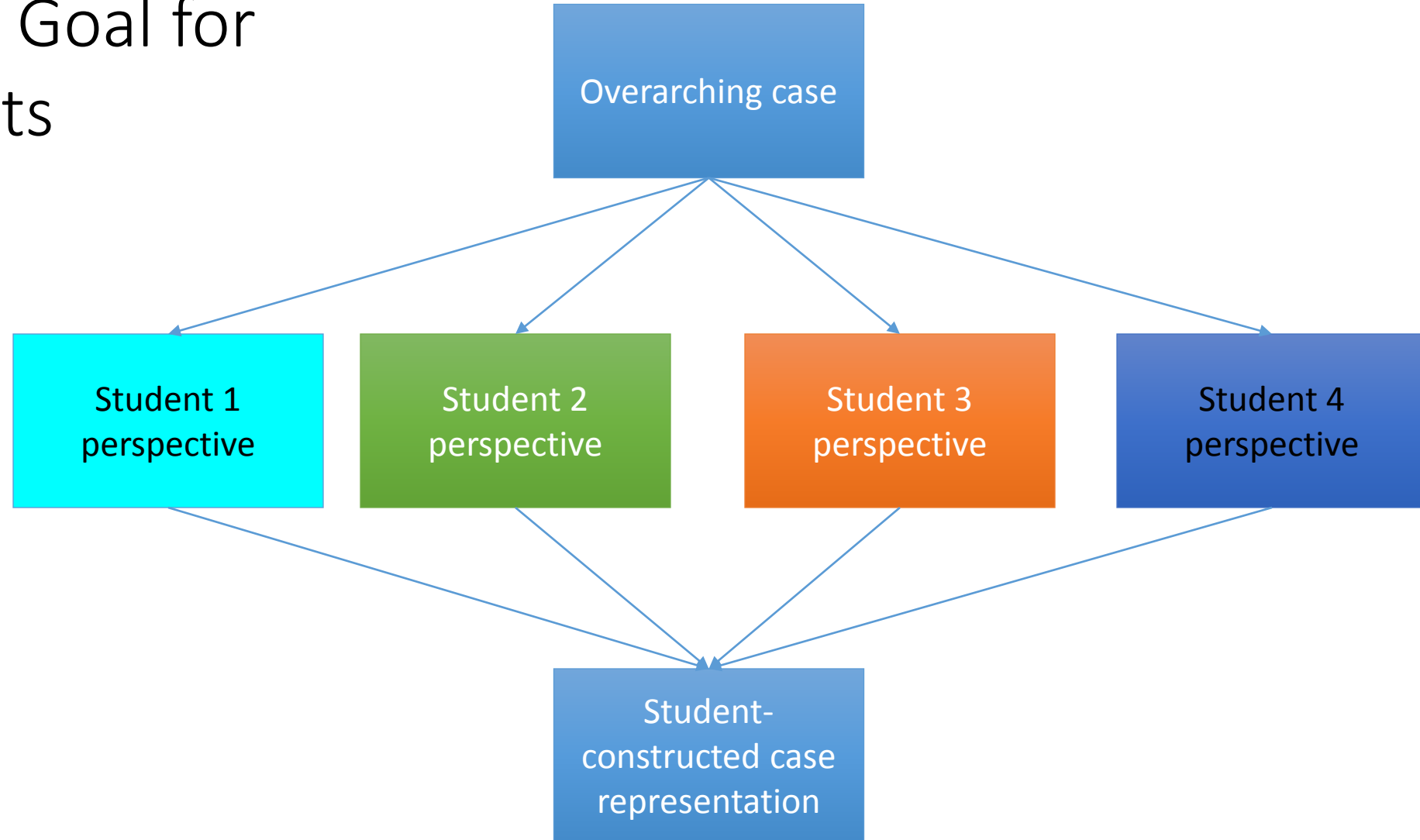
- All BSN4s and M4s (320 students)
- Three two-hour sessions around simulators: how do you manage a patient with an acute clinical deterioration?
- Critical care and interprofessional learning objectives

Profession-Specific Experiences: Interprofessional Virtual Case

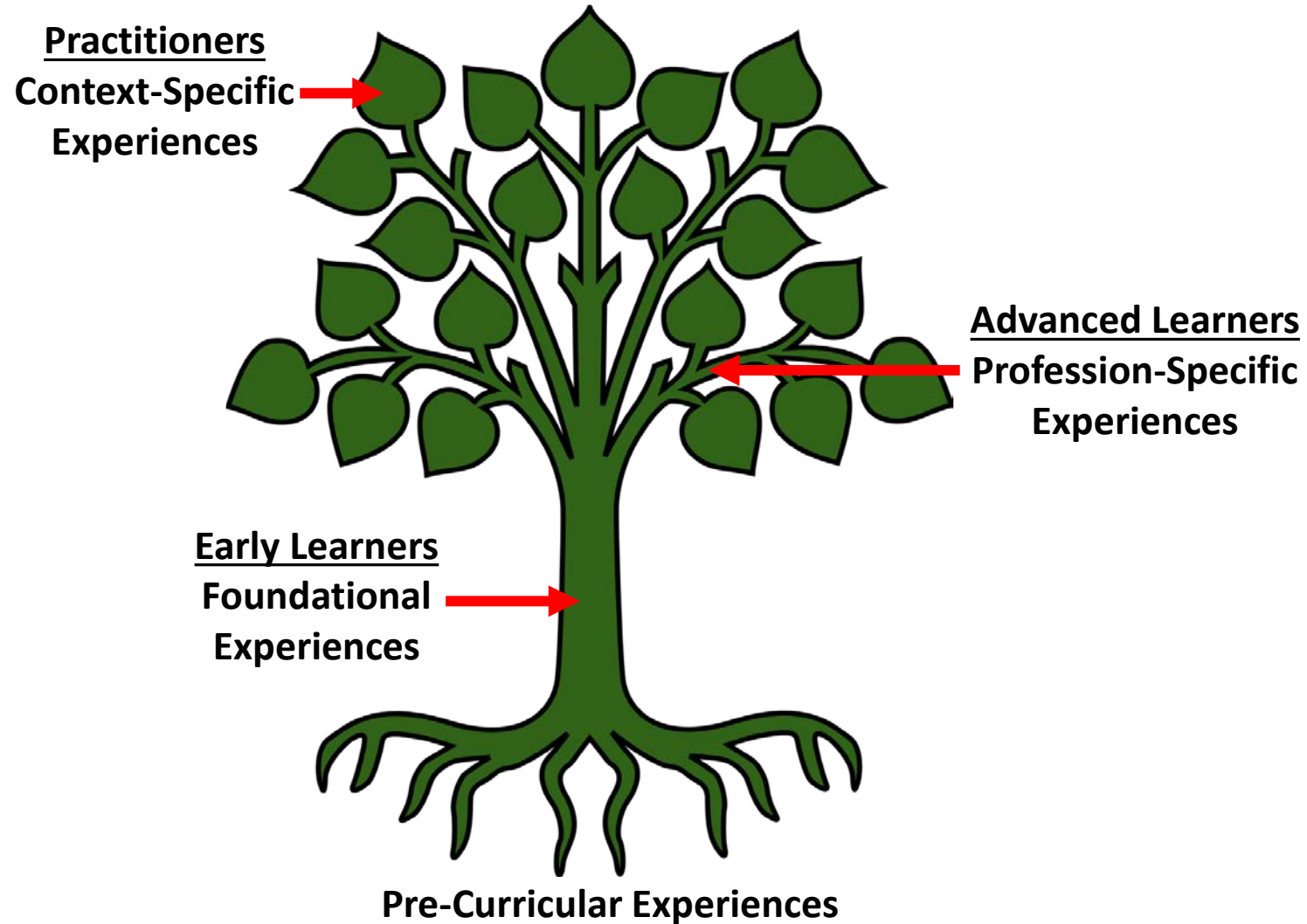
- Homegrown case system for asynchronous collaboration
- ~600 participants annually from medicine, nursing, pharmacy, social work

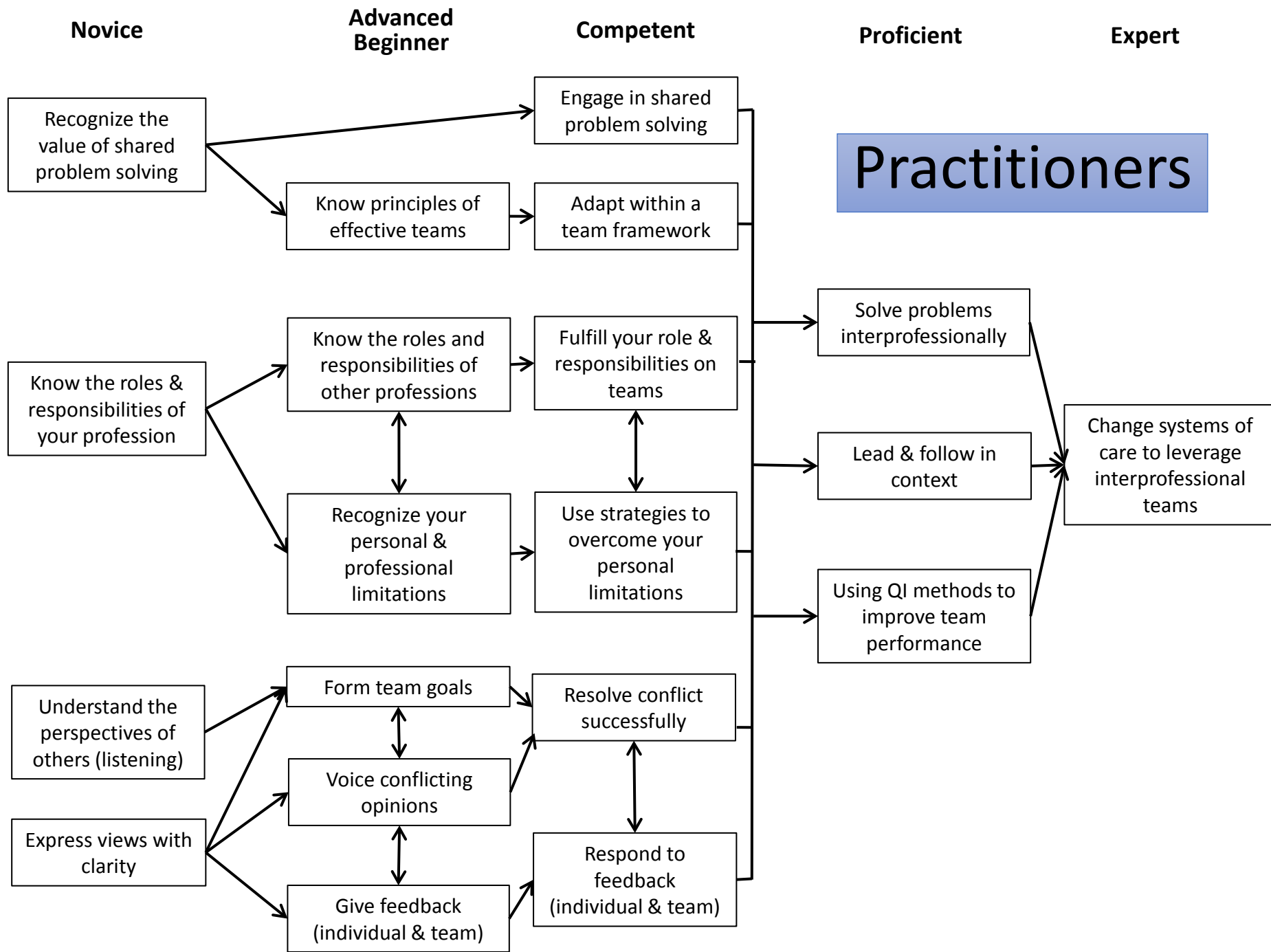
The screenshot displays the 'Case of Mattie Johnson' interface on the VCU SOM platform. The top navigation bar includes 'Case', 'Drug List', 'Problem List', 'Resources', '360 Eval', and 'User Profile'. The left sidebar, titled 'TEAM MEMBERS', lists several participants with their roles and 'Send Message' links: Tori Amos (Medical Student), Peter Boling (Proctor), Joel Browning (Proctor), Alan Dow (Proctor), Ben Gibbard (Pharmacy Student), Charlotte Martin (Physical Therapist), Chris Stephens (Proctor), Jack White (Nursing Student), and Thom York. The main content area is titled 'PATIENT CASE' and includes sections for 'Vital Signs', 'Recent Medical History' (with a note dated 04/09/2014), 'Past Medical and Surgical History', 'Social History', 'General Physical Exam', 'Functional Status', 'Cognitive Status', 'Test Results', 'Treatment Plan', and 'Discharge Plan'. Below the patient case is a 'UNIT QUIZ' section with two questions, and an 'INBOX' section on the right showing an email from [CASE ADMIN] dated 4/9/2014.

Overall Goal for Students



Conceptual Framework





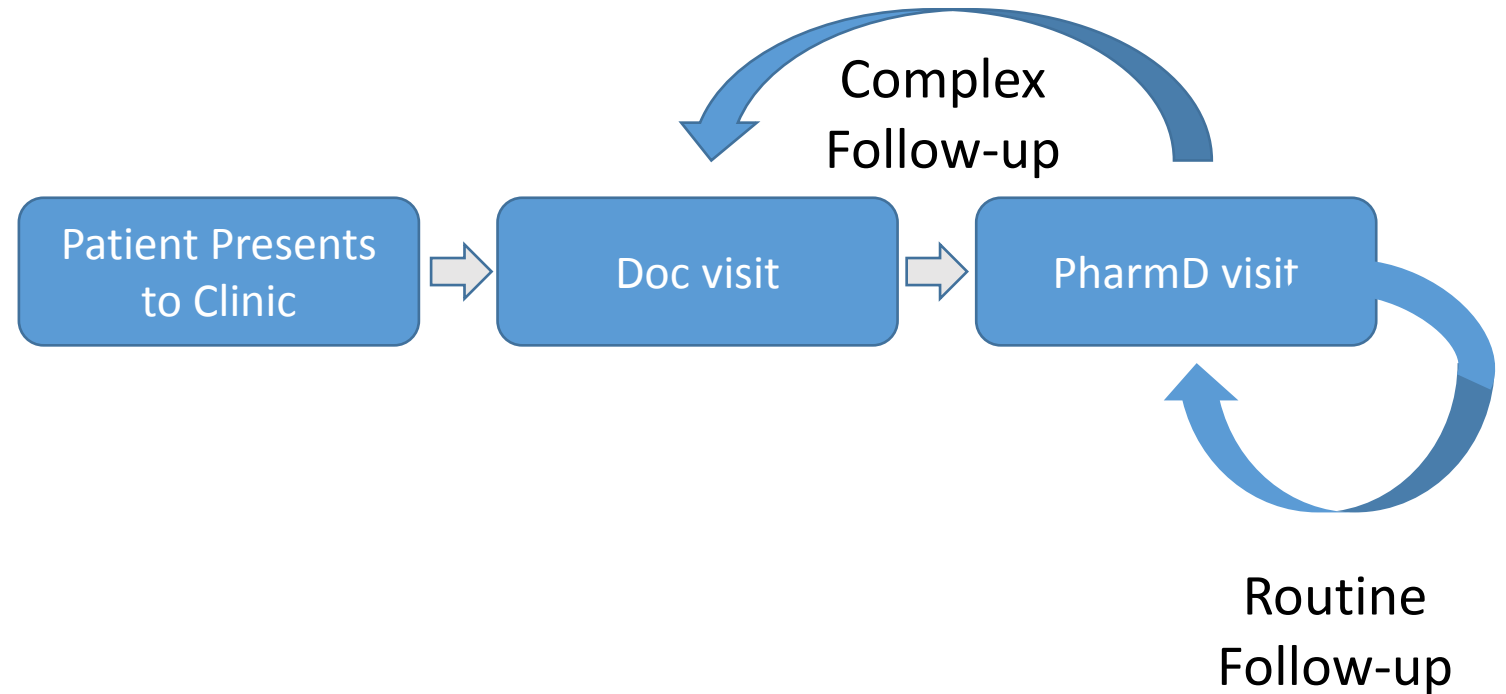
Context-Specific Experiences

Richmond Health and Wellness Program

- Community-focused care coordination in an indigent setting
- “Hotspotting”
- Nursing, Pharmacy, Social Work, Medicine, Psychology
- HRSA-funded
- Patient and student impact

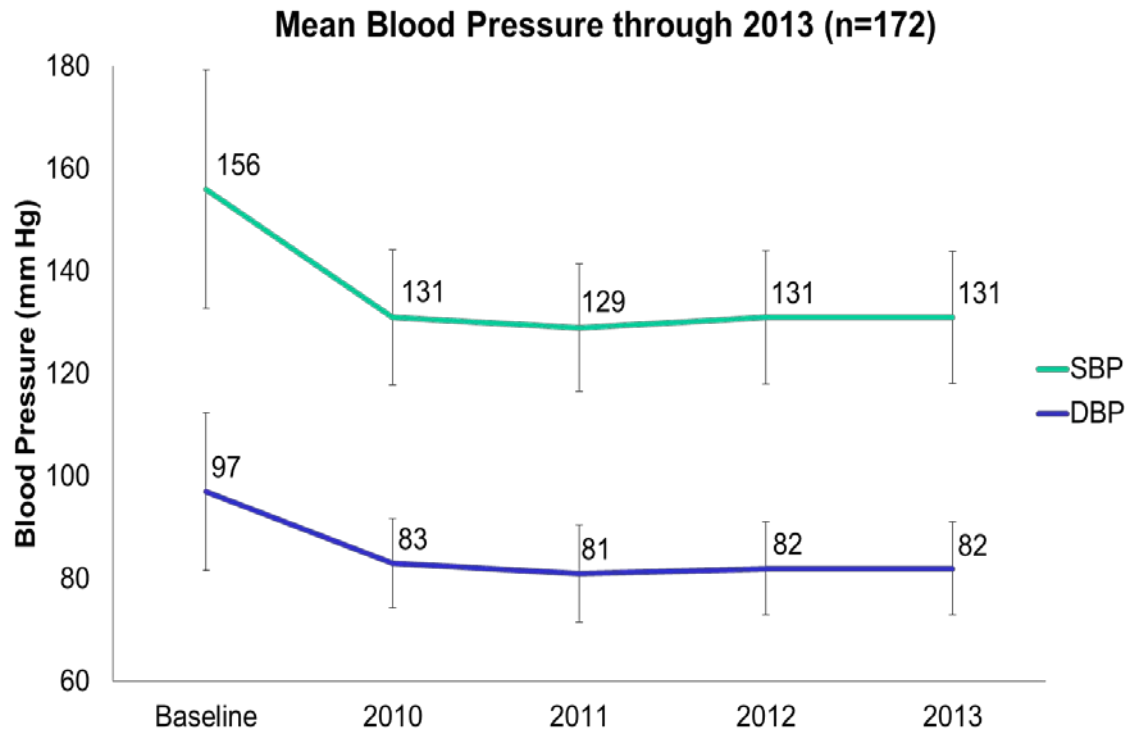


Context Specific Experience: Center for High Blood Pressure



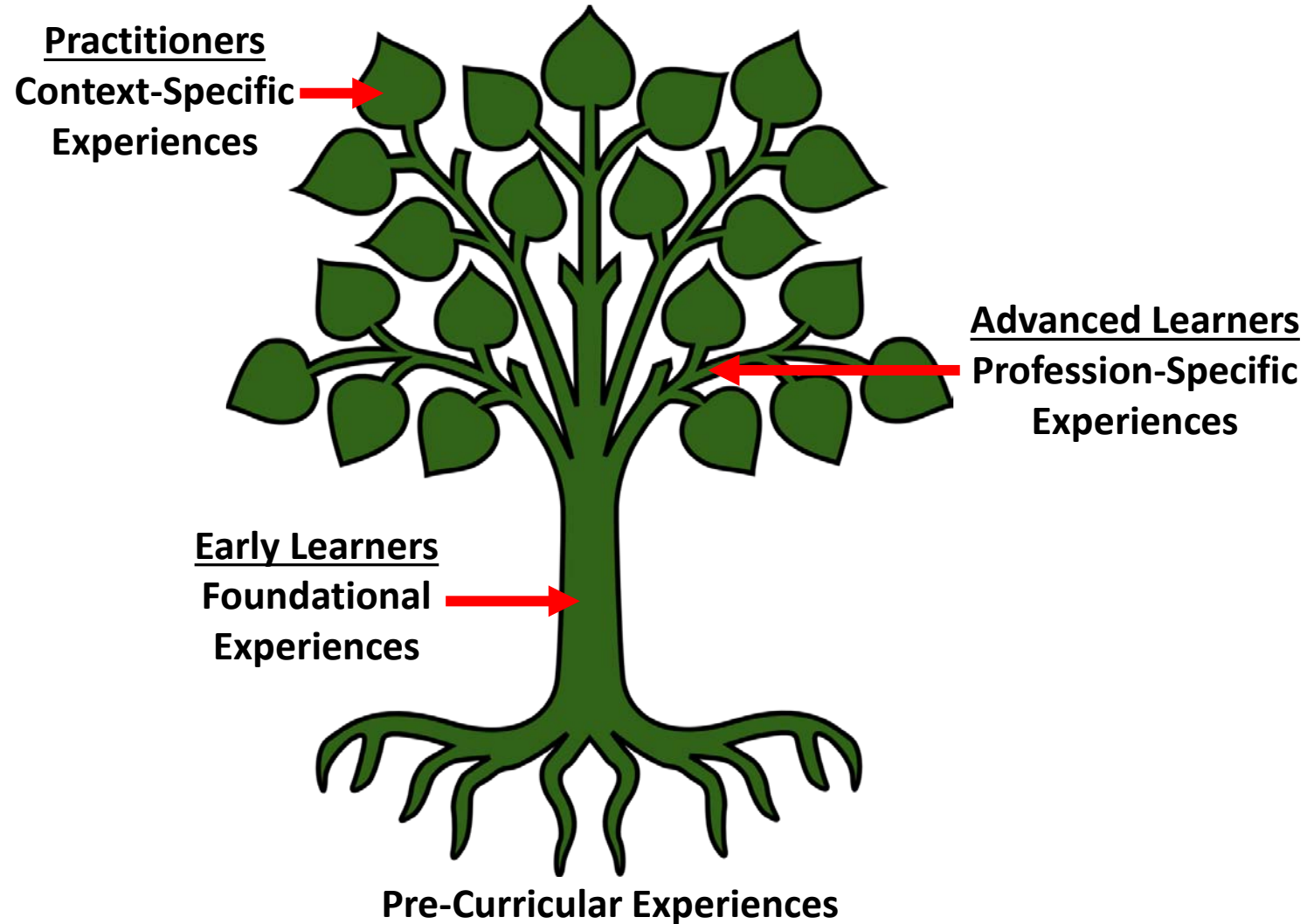
Mean Number of Visits between 2010 and 2013		
	Patients with Stage 2 Hypertension (n=84)	All Other Patients (n=94)
PharmD (Range)	7.51 (1-20)	7.04 (0-23)
Physician (Range)	1.19 (0-5)	1.05 (0-3)

A Medium Complexity Innovation: Richmond High Blood Pressure Center model

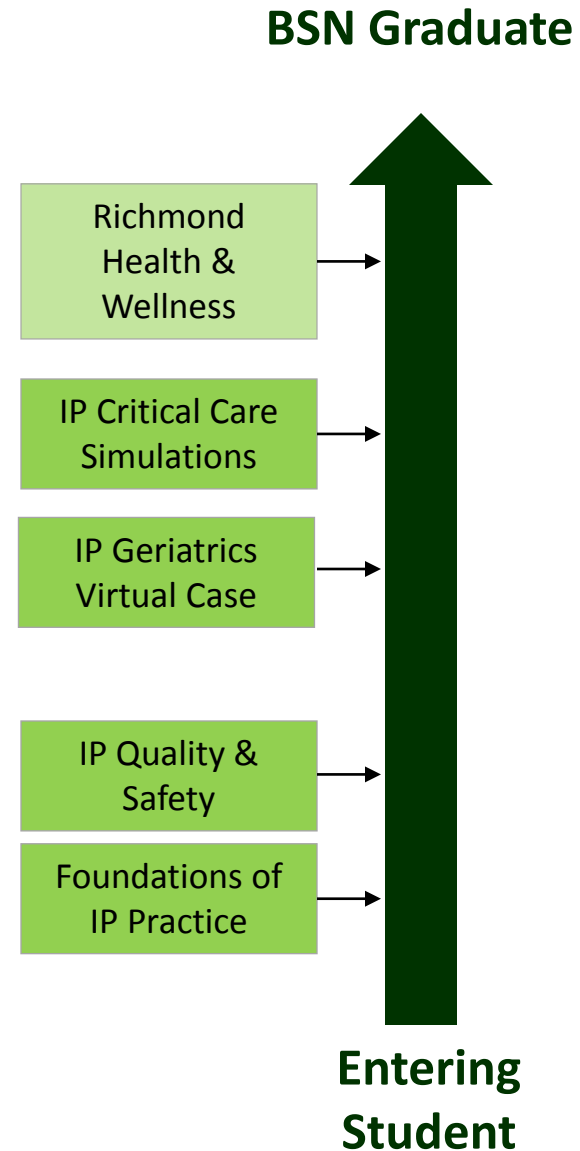
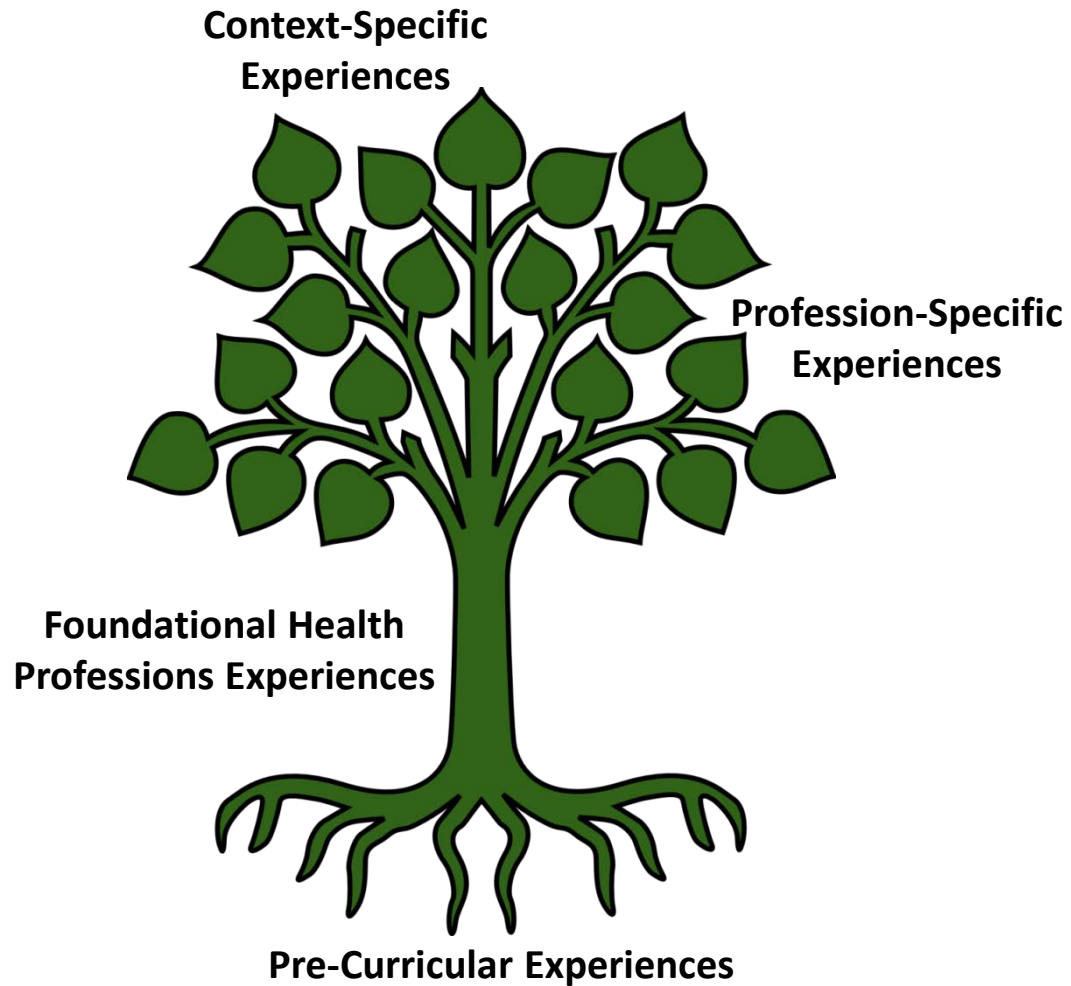


	Center for High Blood Pressure (2010-2013)	General Population	Non-Hispanic Blacks	Uninsured Population
% Patients with BP <140/90				29.8
¹ Heart Disease and Stroke Statistics – 2015 Update. <i>Circulation</i> . 2015;131:e29-e322 ² Haves and Have-Nots: Gaps Widen in Control of BP Among Insured and Uninsured. <i>Medscape</i> . Available at: http://www.medscape.com/viewarticle/825367 . Accessed May 20, 2014.				

Conceptual Framework



Example in Nursing



Conclusions

- Tremendous challenges ahead
- Tremendous opportunities ahead
 - Better health
 - Lower cost
 - Happier patients
 - Happier practitioners
- Key tenets of success:
 - Collaboration
 - Leadership
 - Community Engagement

Questions and Discussion
alan.dow@vcuhealth.org

